



MANNA CHURCH HAWAII - SMALL GROUP DISCUSSION GUIDE

July 19, 2026 | Blessed: Summer in the Beatitudes - "Blessed Are The Pure For They Shall See God"

ICEBREAKER QUESTION: If your room, car, or backpack had to be inspected today, which one would you be least excited to show someone?

MESSAGE SUMMARY & SCRIPTURES:

Jesus continues the Beatitudes by saying, "Blessed are the pure in heart, for they will see God" (Matthew 5:8). While the world is focused on appearances, image, and looking like we have it all together, Jesus is far more interested in what is happening inside of us. A pure heart is not a perfect heart. It is a heart that is fully surrendered to God. Throughout Scripture, God has always looked beyond outward appearances and into the heart (1 Samuel 16:7), because everything we do flows from our heart (Proverbs 4:23). Lasting transformation doesn't begin by changing our behavior first. It begins by allowing God to transform us from the inside out.

Josh reminded us that every pure heart experiences three important movements: Receive, Repent, and Restore. We receive God's truth instead of believing the lies of the enemy. We repent by honestly turning back to God, not just feeling sorry for our sin, but allowing Him to change the direction of our hearts. David modeled this after his failure when he prayed, "Create in me a pure heart, O God" (Psalm 51:10). God is not looking for people who never fail. He is looking for people who continually return to Him. Repentance is not the end of our story. It is where restoration begins.

The good news is that only Jesus can give us a new heart. God promises, "I will give you a new heart and put a new spirit in you" (Ezekiel 36:26). Through His death, resurrection, and the work of the Holy Spirit, Jesus doesn't simply forgive our sins. He makes us new. We cannot clean our own hearts. Only when we continually receive God's truth, repent, and allow His Spirit to fill us do the impurities begin to overflow out of our lives. The more we surrender to Jesus each day, the more we become like Him and the more clearly we see Him. The blessed life is not about pretending to be perfect. It is about living a daily lifestyle of surrender, allowing God to purify our hearts and transform us into His image.

GOING DEEPER: (break up into groups of no more than 4-6 for discussion)

1. What's one thing that stood out to you from the message or the summary?
2. Why do you think people often spend more time trying to look like they have it all together than being honest about what's really going on inside?
3. How can spending time in His Word help us recognize and replace lies we believe in? 4. David prayed, "Create in me a pure heart, O God." What is one area of your heart you need to surrender to Jesus so He can continue His work of transformation? ACTION STEP: This week, what is one practical step you can take to receive God's truth, repent where needed, or invite someone to help keep you accountable as God continues to restore your heart?

PRAYER: (break up into groups of 2-3 for prayer):

Father, thank You for loving us enough to transform our hearts from the inside out. Help us receive Your truth, quickly repent, and allow Your Holy Spirit to make us more like Jesus each day. Give us undivided hearts that desire You above everything else. Help us extend grace, humility, and encouragement to those around us. Let our lives reflect the hope and love of Jesus so others may come to know Him. Amen.



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July 19, 2026 | Blessed: Summer in the Beatitudes - "Blessed Are The Pure For They Shall See God"

MANNAYOUTH DISCUSSION GUIDE

ICEBREAKER QUESTION: If your room, car, or backpack had to be inspected today, which one would you be least excited to show someone?

MESSAGE SUMMARY & SCRIPTURES:

Jesus continues the Beatitudes by saying, "Blessed are the pure in heart, for they will see God" (Matthew 5:8). The world often focuses on appearances, popularity, social media, and looking like we have everything together. But Jesus cares about what is happening inside our hearts. Having a pure heart does not mean being perfect or never making mistakes. It means having a heart that is surrendered to God and willing to let Him lead us. God has always cared more about our hearts than our outward appearance because what is inside of us affects the way we live, make choices, and treat people. (1 Samuel 16:7, Proverbs 4:23)

A pure heart grows through three important steps: Receive, Repent, and Restore. We receive God's truth instead of believing the lies that tell us we are not enough, that we have to earn love, or that our mistakes define us. We repent by being honest with God about the things that are pulling us away from Him and choosing to turn back to Him. David showed us this when he prayed, "Create in me a pure heart, O God" (Psalm 51:10). God is not looking for people who never mess up. He is looking for people who are willing to come back to Him and allow Him to change them. Repentance is not about shame. It is the beginning of healing and restoration.

The good news is that Jesus is the One who changes our hearts. God promises, "I will give you a new heart and put a new spirit in you" (Ezekiel 36:26). Jesus does not just forgive our mistakes. He makes us new and helps us become more like Him through the Holy Spirit. We cannot fix our hearts on our own, but when we spend time with Jesus, listen to His truth, and surrender our struggles to Him, He begins changing us from the inside out. The blessed life is not about pretending to be perfect at school, at home, with friends, or online. It is about allowing Jesus to shape our hearts every day so our lives reflect Him.

GOING DEEPER: (break up into groups of no more than 4-6 for discussion)

1. Share one thing that stood out to you from the message or the summary?
2. Why do you think people sometimes care more about looking like they have everything together than being honest about what is really happening inside their hearts?
3. What are some lies people your age might believe about themselves, and how can God's Word help us replace those lies with His truth?
4. David prayed, "Create in me a pure heart, O God." What is one area of your heart that you need to surrender to Jesus right now? **ACTION STEP:** This week, choose one practical way to receive God's truth, spend intentional time with Him, ask for forgiveness, or invite a trusted friend or leader to encourage you as God continues to grow you.

PRAYER: (break up into groups of 2-3 for prayer):

Father, thank You for loving us and changing our hearts from the inside out. Help us receive Your truth, turn back to You when we make mistakes, and allow Your Spirit to make us more like Jesus every day. Give us hearts that desire You above everything else. Help us show grace, kindness, and encouragement to the people around us so our lives reflect Your love and point others to Jesus. Amen.

Summer Challenge: Don't do summer alone, join a small group. Let's grow deeper in our relationship with God and others this summer as we study The Beatitudes together.
DON'T FORGET BEACH BASH & WATER BAPTISM ON JULY 26th FROM 3:30-6:00 PM AT WHITE PLAINS BEACH.

Matthew 5:3-7 *"Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. Blessed are the merciful, for they shall receive mercy."*

Matthew 5:8 *"Blessed are the pure in heart, for they shall see God."*

1) _____

The first step toward a pure heart is _____ God's _____.

1 Samuel 16:7 *But the Lord said to Samuel, "Don't judge by his appearance or height, for I have rejected him. The LORD doesn't see things the way you see them. People judge by outward appearance, but the Lord looks at the heart."*

1 Samuel 17:45 *You come against me with sword and spear and javelin, but I come against you in the name of the LORD Almighty, the God of the armies of Israel, whom you have defied.*

2) _____

Repentance is allowing God to _____ the _____ of your heart.

Psalms 51:10 *"Create in me a pure heart, O God, and renew a steadfast spirit within me."*

_____ is where _____ begins.

3) _____

God doesn't simply forgive dirty hearts, He makes them _____.

Ezekiel 36:26 *says, "I will give you a new heart and put a new spirit within you."*

Notes

Discussion Guide/Going Deeper



Growth Track



Sign up for Baptism

