



MANNA CHURCH HAWAII - SMALL GROUP DISCUSSION GUIDE

May 17, 2026 | Galatians: Religion vs Relationship (pt6) - Six Steps to Living in Grace

ICEBREAKER QUESTION: If your life this week had a “mood soundtrack,” what song would play during work, family life, errands, or just surviving the week... and why?

MESSAGE SUMMARY & SCRIPTURES:

As Paul closes out the book of Galatians, he brings everything back to one central truth: we are saved by grace, not by religious performance. The Galatian believers had started drifting back toward a mindset that focused on rules, rituals, and trying to earn God’s approval. Paul reminds them that Jesus already accomplished what they never could on their own. Freedom in Christ is not about doing whatever we want, it is about learning to live Spirit-led lives rooted in relationship with God. Paul begins by giving the first two practical steps to living in grace: **Love Each Other** and **Run Your Race**. Instead of judging people or comparing ourselves to others, we are called to carry burdens, restore people gently, and focus on being faithful with what God has entrusted to us personally. Healthy Christianity is not competition, it is family. (Galatians 6:1-5)

Paul then challenges the church to **Sow Wisely** and **Do the Next Right Thing**. He reminds them that whatever we plant in our lives is eventually what we will harvest. When we sow into selfishness, we reap emptiness, but when we sow into spiritual things, investing our time, talent, treasure, and energy into God’s Kingdom, we begin to produce lasting fruit. Paul encourages believers not to grow weary in doing good because God sees every act of obedience, even the small unseen ones. Sometimes growth happens one step at a time. We do not have to win every battle overnight; we simply need to keep choosing what God calls good in each moment. (Galatians 6:6-10)

Finally, Paul closes the letter with two final reminders: **Stay True to Grace** and **Make Everything About Jesus**. There will always be pressure to perform, impress others, or make faith about outward appearances, but Paul says the only thing worth boasting in is the cross of Christ. Grace is offensive to pride because it reminds us we cannot save ourselves. Yet grace is also beautiful because it reminds us how deeply loved we are by Jesus. True freedom is found when we stop living for approval and start living from acceptance. When Jesus becomes the center of our lives, even ordinary things become more meaningful and fulfilling because our identity is rooted in Him. (Galatians 6:14-18)

GOING DEEPER: (break up into groups of no more than 4-6 for discussion)

1. Share one thing that stood out to you from the message or the summary?
2. When you feel overwhelmed, discouraged, or stuck, what usually helps you keep going?
3. What does it practically look like to shift from “I got to” into “I get to” in your relationship with God?
4. Paul says we will reap what we sow. What are you currently sowing your time, energy, and attention into? **ACTION STEP:** What is one practical way you can “sow wisely” this week? Maybe it’s serving someone, spending intentional time with Jesus, encouraging a friend, giving generously, joining a smallgroup or serve team, apologizing, or simply choosing the next right thing instead of the easy thing.

PRAYER: (break up into groups of 2-3 for prayer):

Jesus, thank You for the freedom and grace You purchased for us on the cross. Teach us to live from relationship with You instead of striving for approval. Help us carry one another’s burdens with humility, compassion, and gentleness, reflecting the same grace You show us. Use our lives to bring hope,

encouragement, and share your love with those who are hurting, weary, and searching for true freedom. Amen.

Referenced Scripture: Galatians 6, Ephesians 4:16

6 Action Steps

1) Love Each _____

_____ TO BE A "NO JUDGEMENT ZONE"

2) _____ YOUR Race

3) Sow _____

"You will always harvest what you plant..."

If you don't like what you're _____, change what you're _____.

4) Do the _____ Right Thing

Right = What God calls _____

Don't allow the _____ of selfishness to keep you from the _____ of perseverance.

5) Stay true to _____

6) Make everything about _____

GRACE TEST "Got to vs Get to"

1) I "Got to"/"Get to" _____ God's Word. **Rating:** _____

2) I "Got to"/"Get to" _____ God's people. **Rating:** _____

3) I "Got to"/"Get to" _____ to God's work. **Rating:** _____

Discussion Guide/Going Deeper



Growth Track



Start a Small Group!

