

# RECALIBRATE

## **Renewing your Mind**

**April 11th, 2018**

Do your best to keep all of your answers to about 30-60 seconds.

Please be respectful in listening to others and in honoring their time.

### **Romans 12:2 TPT**

*Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think.*

*This will empower you to discern God's will as you live a beautiful life, satisfying and perfect in his eyes.*

1. If you don't know the people at your table, introduce yourself including your: name, city where you live, and a "10-second tell" about how you connected to River of Life.
2. What was your one take away from the teaching tonight?
3. Recalibrating our lives involves thinking about what we are thinking about.  
At some point everyone struggles with negative thoughts about themselves that do not line up with how God truly sees us. Are you able to identify some of the negative ideas you think about yourself?
  - What are they?
  - Do you know where these thoughts came from?
4. Our faulty beliefs (sometimes called mind-games) influence the way that we act. Therefore, we cannot simply change our behavior, we must first change how we think.
  - Can you, or the people at your table, think of truths from scripture that can help you renew your negative mind-games and bring them in line with what scripture says is true?
5. Which mind game will you choose to try and recalibrate this week to come into line with God's truth?
  - *Sometimes it's overwhelming to try and change everything at once, so choose one thought that you would like to recalibrate, ask the Holy Spirit to make you aware of when you are thinking this and then choose to repeat the truth from God's word instead.*
6. What is the most challenging part of taking every thought captive?

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**4.11.18**

### **Romans 12:2 (NLT)**

*Let God transform you into a new person by changing the way you think.*

- When you change your thinking, you will change your entire \_\_\_\_\_ on life.
- Lies only have power when we \_\_\_\_\_ them and accept them as truth.

### **John 8:32 (NIV)**

*And you shall know the truth, and the truth will set you free.*

- As you pinpoint a specific lie that you believe, I want you to find a verse in the Bible that speaks against that lie.

### Practical Steps to Renewing Your Mind

- \_\_\_\_\_ a Biblical Truth
- Personalize it
- \_\_\_\_\_ it
- \_\_\_\_\_ it

When we recalibrate our thoughts to his word, that is when we experience true freedom.

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## *Letter from God...*

You may not know me, but I know everything about you. Psalm 139:1  
I know when you sit down and when you rise up. Psalm 139:2  
I am familiar with all your ways. Psalm 139:3  
Even the very hairs on your head are numbered. Matthew 10:29–31  
For you were made in my image. Genesis 1:27  
In me you live and move and have your being. Acts 17:28  
For you are my offspring. Acts 17:28  
I knew you even before you were conceived. Jeremiah 1:4–5  
I chose you when I planned creation. Ephesians 1:11–12  
You were not a mistake, for all your days are written in my book. Psalm 139:15–16  
I determined the exact time of your birth and where you would live. Acts 17:26  
You are fearfully and wonderfully made. Psalm 139:14  
I knit you together in your mother's womb. Psalm 139:13  
And brought you forth on the day you were born. Psalm 71:6  
I have been misrepresented by those who don't know me. John 8:41–44  
I am not distant and angry, but am the complete expression of love. 1 John 4:16  
And it is my desire to lavish my love on you. 1 John 3:1  
Simply because you are my child and I am your Father. 1 John 3:1  
I offer you more than your earthly father ever could. Matthew 7:11  
For I am the perfect father. Matthew 5:48  
Every good gift that you receive comes from my hand. James 1:17  
For I am your provider and I meet all your needs. Matthew 6:31–33  
My plan for your future has always been filled with hope. Jeremiah 29:11  
Because I love you with an everlasting love. Jeremiah 31:3  
My thoughts toward you are countless as the sand on the seashore. Psalms 139:17–18  
And I rejoice over you with singing. Zephaniah 3:17  
I will never stop doing good to you. Jeremiah 32:40  
For you are my treasured possession. Exodus 19:5  
I desire to establish you with all my heart and all my soul. Jeremiah 32:41  
And I want to show you great and marvelous things. Jeremiah 33:3  
If you seek me with all your heart, you will find me. Deuteronomy 4:29  
Delight in me and I will give you the desires of your heart. Psalm 37:4  
For it is I who gave you those desires. Philippians 2:13  
I am able to do more for you than you could possibly imagine. Ephesians 3:20  
For I am your greatest encourager. 2 Thessalonians 2:16–17  
I am also the Father who comforts you in all your troubles. 2 Corinthians 1:3–4  
When you are brokenhearted, I am close to you. Psalm 34:18  
As a shepherd carries a lamb, I have carried you close to my heart. Isaiah 40:11  
One day I will wipe away every tear from your eyes. Revelation 21:3–4  
And I'll take away all the pain you have suffered on this earth. Revelation 21:3–4  
I am your Father, and I love you even as I love my son, Jesus. John 17:23  
For in Jesus, my love for you is revealed. John 17:26  
He is the exact representation of my being. Hebrews 1:3  
He came to demonstrate that I am for you, not against you. Romans 8:31  
And to tell you that I am not counting your sins. 2 Corinthians 5:18–19  
Jesus died so that you and I could be reconciled. 2 Corinthians 5:18–19  
His death was the ultimate expression of my love for you. 1 John 4:10  
I gave up everything I loved that I might gain your love. Romans 8:31–32  
If you receive the gift of my son Jesus, you receive me. 1 John 2:23  
And nothing will ever separate you from my love again. Romans 8:38–39  
Come home and I'll throw the biggest party heaven has ever seen. Luke 15:7  
I have always been Father, and will always be Father. Ephesians 3:14–15  
My question is...Will you be my child? John 1:12–13  
I am waiting for you. Luke 15:11–32

*Love, Your Dad Almighty God*

