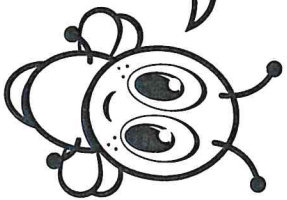


# Blinky's Family Challenge

I'll show God's Holy Spirit lives in me by ... loving others.



## Exercise Your Spirit!

Exercise makes your body stronger and healthier. Obeying God's Holy Spirit is like exercising your spirit.

### Directions

1. Act out the exercises from the **Exercise List** as a family.
2. Talk about which exercises are for your body and which ones are for your spirit.

### Exercise List

- | Body            | Spirit           |
|-----------------|------------------|
| • Push-ups      | • Pray           |
| • Jumping Jacks | • Listen to God  |
| • Sit-ups       | • Read the Bible |
| • Toe Touches   | • Obey           |

## Review Time!

**Say With Me** Ages 2-3

1. Say Together: **God's Holy Spirit is a gift!**
2. Say Together: **Exercise your spirit!**

**Q&A** Ages 4-Kindergarten

1. **What does the Gift Picture Pass remind you about God's Holy Spirit? God's Holy Spirit is a gift from God.**
2. **Who lives in your spirit heart when you choose to follow Jesus? God's Holy Spirit**



Lead your family through the Bible Plan God's Wonderful Gift on the YouVersion Bible App.  
[www.bible.com](http://www.bible.com)

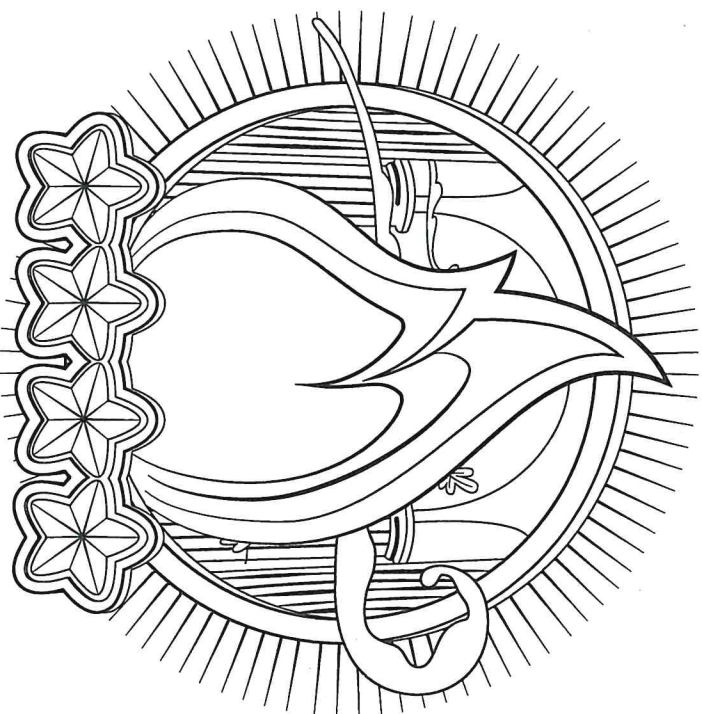


[www.lifechurch/kids](http://www.lifechurch/kids)

# God's Wonderful Gift

## The Holy Spirit comes

### Week Four



Tell your family what's in my Adventure Bag!



Emily

Cut out the 3 pictures and glue or tape them into the box that tells the story about how people first got God's gift of the Holy Spirit.

Our Bible verse these last four weeks tells us that "He has given me the power of the Holy Spirit" Romans 15:19

1

Jesus promised that God would send the people who love him a special gift. God's people waited and prayed together.



2

God's gift came into the room like a howling wind. The gift of the Holy Spirit gives people power!



3

Peter told people how to live for Jesus with this power and many people got the gift of the Holy Spirit in their lives.

