

Frequency
Preparing My Heart
August 5, 2018

John 10:3-5 “The gatekeeper opens the gate for him, and the sheep listen to his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes on ahead of them, and his sheep follow him because they know his voice. But they will never follow a stranger; in fact, they will run away from him because they do not recognize a stranger’s voice.”

Proverbs 3:6 (MSG) Listen for GOD's voice in everything you do, everywhere you go; he's the one who will keep you on track.

Luke 8:8 “He who has ears to hear, let him hear!”

Luke 8:5-8 “A farmer went out to sow his seed. As he was scattering the seed, some fell along the **path**; it was **trampled on**, and the **birds ate it up**. Some fell on **rocky ground**, and when it came up, the **plants withered** because they had **no moisture**. Other seed fell among **thorns**, which grew up with it and **choked the plants**. Still other seed fell on **good soil**. It came up and yielded a crop, **a hundred times more** than was sown.” When he said this, he called out, “He who has ears to hear, let him hear!”

4 potential conditions of our heart:

1. The polluted heart.

Luke 8:12 Those along the path are the ones who hear, and then the devil comes and takes away the word from their hearts, so that they may not believe and be saved.

James 1:21 (NLT) Get rid of all the filth and evil in your lives, and **humbly accept the message** God has planted in your hearts, for it is strong enough to save your soul.

2. The distracted heart.

Luke 8:13 (NLT) “The rocky soil represents those who hear the message with joy. But like young plants in such soil, their roots

don't go very deep. They believe for a while, but they wilt when the hot winds of testing blow.”

Luke 10:39-40 (AMP) And she had a sister named Mary, who seated herself at the Lord’s feet and was listening to His teaching. But Martha [overly occupied and too busy] was distracted with much serving...

3. The immature heart.

Luke 8:14 “The seed that fell among weeds stands for those who hear, but as they go on their way, they are choked by life’s worries, riches, and pleasures, and they don’t mature.”

Hebrews 12:1-2 (GW) Since **we** are surrounded by so many examples {of faith}, **we** must get rid of everything that slows **us** down, especially sin that distracts **us**. **We** must run the race that lies ahead of **us** and never give up. **We** must focus on Jesus...

4. The prepared heart.

Luke 8:15 But the seed on good soil stands for those with a noble and good heart, who hear the word, retain it, and by persevering produce a crop.

How to prepare your heart?

- ✓ Repent.
- ✓ Refocus.
- ✓ Revive.

2 Corinthians 7:1 (MSG) Let’s make a clean break with everything that defiles or distracts us, both within and without. Let's make our entire lives fit and holy temples for the worship of God.

Walk Away: God’s voice is clearest in a prepared environment.