My Big Fat Mouth Spirit Controlled Mouth

Proverbs 18:20-22 From the fruit of their mouth a person's stomach is filled; with the harvest of their lips they are satisfied. The tongue has the power of life and death, and those who love it will eat its fruit. He who finds a wife finds what is good and receives favor from the Lord.

3 Principles of Sowing and Reaping:

✓ You reap what you \underline{sow} .

Galatians 6:7-8 Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.

✓ You reap <u>much more</u> than what you have sown.

James 3:2-8 We all stumble in many ways. Anyone who is never at fault in what they say is perfect, able to keep their whole body in check. When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell. All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, but no human being can tame the tongue. It is a restless evil, full of deadly poison.

 \checkmark There is a <u>delay</u> between sowing and reaping that differs between seeds.

Galatians 6:9-10 Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

Proverbs 22:6 Train up a child in the way he should go, and when he is old he will not depart from it.

James 1:26 Those who consider themselves religious and yet do not keep a tight rein on their tongues deceive themselves, and their religion is worthless.

3 Keys to Keeping a Tight Rein on our Tongue:

1. <u>Pause</u>.

James 1:19 Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.

Proverbs 21:23 Watch your tongue and keep your mouth shut, and you will stay out of trouble.

Proverbs 10:19 Too much talk leads to sin. Be sensible and keep your mouth shut. **Proverbs 17:27–28** A truly wise person uses few words; a person with understanding is even-tempered. Even fools are thought wise when they keep silent; with their mouths shut, they seem intelligent.

Proverbs 18:13 Spouting off before listening to the facts is both shameful and foolish.

2. Ponder.

Proverbs 23:7 for he is the kind of person who is always thinking about the cost. "Eat and drink," he says to you, but his heart is not with you.

Luke 2:19, 35 But Mary treasured up all these things and pondered them in her heart... so that the thoughts of many hearts will be revealed. And a sword will pierce your own soul too.

Luke 9:47 But Jesus knew their thoughts, so he brought a little child to his side Matthew 9:4 Jesus knew what they were thinking, so he asked them, "Why do you have such evil thoughts in your hearts?

3. <u>Pray</u>.

Isaiah 6:1–8 In the year that King Uzziah died, I saw the Lord, high and exalted, seated on a throne; and the train of his robe filled the temple. Above him were seraphim...At the sound of their voices the doorposts and thresholds shook and the temple was filled with smoke. "Woe to me!" I cried. "I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the Lord Almighty." Then one of the seraphim flew to me with a live coal in his hand, which he had taken with tongs from the altar. 7 With it he touched my mouth and said, "See, this has touched your lips; your guilt is taken away and your sin atoned for." Then I heard the voice of the Lord saying, "Whom shall I send? And who will go for us?" And I said, "Here am I. Send me!"

Walk Away: Today, I will let Jesus not only to be Lord of my life, but Lord of my <u>lips</u>. If we do that, we will sow good seed everywhere we go and life will be spread all over this city!