

Triggered
Say “No” to Insecurity
May 1, 2022

Romans 12:2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.

Proverbs 29:25 Fear of man will prove to be a snare, but whoever trusts in the LORD is kept safe.

Romans 12:3 Do not think of yourself more **highly** than you ought, but rather think of yourself with **sober** judgment, in accordance with the measure of **faith** God has given you.

1 Samuel 13:11-12 “What have you done?” asked Samuel. Saul replied, “When I saw that the men were scattering, and that you did not come at the set time, and that the Philistines were assembling at Mikdash, I thought, ‘Now the Philistines will come down against me at Gilgal, and I have not sought the Lord’s favor.’ So I felt compelled to offer the burnt offering.”

1 Samuel 15:24 Then Saul said to Samuel, “I have sinned. I violated the LORD’s command and your instructions. I was afraid of the men and so I gave in to them.”

Rejection Traps:

- ✓ We become overly starved for _____.
- ✓ We become overly cautious of _____.

How do I get free of the fear of man?

1. Say “Yes” to pleasing God and say “No” to people pleasing.

Proverbs 14:26 Whoever fears the LORD has a secure fortress, and for their children it will be a refuge.

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Isaiah 51:12-13 "...Who are you that you fear mere mortals, human beings who are but grass, that you forget the LORD your Maker, who stretches out the heavens and who lays the foundations of the earth, that you live in constant terror every day because of the wrath of the oppressor, who is bent on destruction? For where is the wrath of the oppressor?"

2. See myself the way _____ sees me.

Judges 6:11-16, 24 **The angel of the Lord came and sat down** under the oak in Ophrah that belonged to Joash the Abiezrite, where his son **Gideon was threshing wheat in a winepress** to keep it **from the Midianites**. When the angel of the Lord appeared to Gideon, he said, "**The Lord is with you, mighty warrior.**" "But sir," Gideon replied, "if the Lord is with us, why has all this happened to us? Where are all his wonders that our fathers told us about when they said, 'Did not the Lord bring us up out of Egypt?' But now the Lord has abandoned us and put us into the hand of Midian." The Lord turned to him and said, "Go in the strength you have and save Israel out of Midian's hand. Am I not sending you?" "But Lord," Gideon asked, "how can I save Israel? **My clan is the weakest in Manasseh**, and I am the least in my family." The Lord answered, "I will be with you, and you will strike down all the **Midianites together.**"...So Gideon built an altar to the Lord there and called it The Lord is Peace.

3. Respond with a new script.

Romans 8:38-39 For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Walk Away: I declare to say "No" to insecurity. I will _____ right so I can _____ right.

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