

Foolproof  
Get Control of My Schedule!

June 25, 2017

**Proverbs 17:24 (GN)** "An intelligent person aims at wise actions, but a fool starts off in many directions."

When we are overwhelmed:

✓ My \_\_\_\_\_ is lower.

✓ My \_\_\_\_\_ are inconsistent.

**Job 9:25 (NCV)** My days go by faster than a runner; they fly away without my seeing any joy.

✓ My \_\_\_\_\_ suffers.

**Proverbs 21:5 (Msg.)** Careful planning puts you ahead in the long run; hurry and scurry puts you further behind.

**Proverbs 19:2 (GW)** ...a person in a hurry makes mistakes.

✓ My life \_\_\_\_\_ meaning.

✓ My relationship with \_\_\_\_\_ seems distant.

**Ecclesiastes 4:6 GN** It is better to have only a little, with peace of mind, than be busy all the time...

**Key Thought:** The distance between the truth I \_\_\_\_\_ and the truth I \_\_\_\_\_ equals the pain I experience.

How do I slow down? What do I need to do?

1. Live by \_\_\_\_\_.

**Proverbs 17:24 (GN)** "An intelligent person aims at wise actions, but a fool starts off in many directions."

3 Declarations:

✓ I will \_\_\_\_\_ the \_\_\_\_\_ Day Holy.

**Proverbs 3:24 (ERV)** When you lie down, you will not be afraid. When you rest, your sleep will be peaceful.

✓ I will \_\_\_\_\_ my body.

✓ I will \_\_\_\_\_ my soul.

**Proverbs 24:27** First get your fields ready, next plant your crops, and then build your house.

2. \_\_\_\_\_ More.

**Proverbs 12:25 (NIV)** Anxiety weighs down the heart...

**Proverbs 14:30** A relaxed attitude lengthens a man's life

**Proverbs 17:22** A joyful heart helps healing, but a broken spirit dries up the bones.

3. Focus on our \_\_\_\_\_ with God.

**Proverbs 10:27** Reverence for God adds hours to each day.

**Proverbs 3:5-6** Trust the Lord completely. In everything you do, put God first and He will direct you and crown your efforts with success.

**Walk Away:** As I line up my \_\_\_\_\_, \_\_\_\_\_ more, and seek God \_\_\_\_\_; my life will become more ordered and at peace.

**Mark 8:37** What will a man give in exchange for his soul?

What is the Holy Spirit saying to you?

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Serve Day, Saturday, July 15<sup>th</sup>. 8am – Noon.

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When we are overwhelmed:

✓ My resistance is lower.

✓ My emotions are inconsistent.

**Job 9:25 (NCV)** My days go by faster than a runner; they fly away without my seeing any joy.

✓ My productivity suffers.

**Proverbs 21:5 (Msg.)** Careful planning puts you ahead in the long run; hurry and scurry puts you further behind.

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✓ My life loses meaning.

✓ My relationship with God seems distant.

**Ecclesiastes 4:6 GN** It is better to have only a little, with peace of mind, than be busy all the time...

**Key Thought:** The distance between the truth I know and the truth I live equals the pain I experience.

How do I slow down? What do I need to do?

1. Live by Priorities.

**Proverbs 17:24 (GN)** "An intelligent person aims at wise actions, but a fool starts off in many directions."

3 Declarations:

✓ I will keep the Sabbath Day Holy.

**Proverbs 3:24 (ERV)** When you lie down, you will not be afraid. When you rest, your sleep will be peaceful.

✓ I will rest my body.

✓ I will replenish my soul.

**Proverbs 24:27** First get your fields ready, next plant your crops, and then build your house.

2. Laugh More.

**Proverbs 12:25 (NIV)** Anxiety weighs down the heart...

**Proverbs 14:30** A relaxed attitude lengthens a man's life

**Proverbs 17:22** A joyful heart helps healing, but a broken spirit dries up the bones.

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**Proverbs 10:27** Reverence for God adds hours to each day.

**Proverbs 3:5-6** Trust the Lord completely. In everything you do, put God first and He will direct you and crown your efforts with success.

**Walk Away:** As I line up my priorities, laugh more, and seek God first; my life will become more ordered and at peace.

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