

How is your Soul?
Father's Day
June 21, 2020

Key Statement: Our _____ gives Jesus the ability to fight and _____ everything we struggle with.

Psalm 131:1-3 My heart is not proud, Lord, my eyes are not haughty; I do not concern myself with great matters or things too wonderful for me. But I have calmed and quieted myself, I am like a weaned child with its mother; like a weaned child I am content. Israel, put your hope in the Lord both now and forevermore.

How to create a healthy soul?

1. Practice _____.

Psalm 131:1 My heart is not proud, Lord, my eyes are not haughty; I do not concern myself with great matters or things too wonderful for me.

- ✓ We need to _____.

James 1:19 ...Everyone should be quick to listen, slow to speak and slow to become angry...

- ✓ We need to _____.

Galatians 6:2 Carry each other's burdens, and in this way you will fulfill the law of Christ.

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1 Peter 4:8 Above all, love each other deeply, because love covers over a multitude of sins.

2. Learn _____.

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Proverbs 3:5-6 Trust in the Lord with **all** your heart and lean not on **your own understanding**; in all your ways **submit** to him, and he will make your paths straight.

3. Live in _____ in the Lord.

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Walk Away: Today I choose to _____ myself back to God by choosing to trust Him _____ and find rest in His presence.

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