

Get Out of your Head  
Oneness  
September 24, 2023

**James 1:5-8** If any of you lacks wisdom, you should ask God, who gives **generously** to all without finding fault, and it will be given to you. But when you ask, you must **believe** and **not doubt**, because the **one who doubts** is like a wave of the sea, blown and tossed by the wind. That person should not expect to **receive anything** from the Lord. Such a person is **double-minded and unstable** in all they do.

5 Tactics of the enemy to sabotage us:

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**Isaiah 26:3** You will keep in **perfect peace** all who **trust** in you, all whose thoughts are **fixed** on you!

5 Keys to elevating your thinking:

1. \_\_\_\_\_

**Proverbs 3:5-6** Trust in the LORD with **all** your heart, and **do not lean** on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

2. Speak \_\_\_\_\_ to the lies

**Revelations 12:11** They triumphed over him by the **blood of the Lamb** and by the **word of their testimony**; they **did not love their lives so much as to shrink from death**.

3. Gratitude \_\_\_\_\_ and encourage yourself

**1 Samuel 30:3-6** And when David and his men came to the city, they found it burned with fire, and their wives and sons

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and daughters **taken captive**. Then David and the people who were with him raised their voices and wept until **they had no more strength to weep**. David's two wives also had been taken captive, Ahinoam of Jezreel and Abigail the widow of Nabal of Carmel. And **David was greatly distressed**, for the people spoke of stoning him, because all the people were bitter in soul, each for his sons and daughters. But **David strengthened himself** in the LORD his God.

4. \_\_\_\_\_ on what matters most

**Colossians 3:1-2** Since, then, you have been raised with Christ, **set** your hearts on things above, where Christ is, seated at the right hand of God. **Set** your minds on things above, not on earthly things.

5. Unite with \_\_\_\_\_

**1 John 4:18** There is no fear in love. But **perfect love drives out fear**, because fear has to do with punishment. The one who fears is not made perfect in love.

**Psalms 37:1-8** Do not fret because of those who are evil or be envious of those who do wrong; for like the grass they will soon wither, like green plants they will soon die away. Trust in the LORD and do good; dwell in the land and enjoy safe pasture. Take delight in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this: He will make your righteous reward shine like the dawn, your vindication like the noonday sun. Be still before the LORD and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes. Refrain from anger and turn from wrath; do not fret—it leads only to evil.

**Walk Away:** Today I choose to fix my thoughts on the \_\_\_\_\_ of my God as I am headed toward the mindset of perfect \_\_\_\_\_.

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