

Living Free
Overflow of the Heart
February 18, 2024

Proverbs 4:20-23 My son, pay attention to what I say; turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are **life** to those who find them and **health** to one's whole body. Above all else, guard your **heart**, for everything you do flows from it.

Ephesians 1:18 I pray that the eyes of your **heart may be enlightened** in order that you may know the hope to which he has called you...

1 Samuel 16:7 "...The LORD does not look at the things people look at. People look at the outward appearance, but the **LORD looks at the heart.**"

Blockages of the Heart

1. _____.

James 3:14-16 But if you harbor bitter envy and **selfish ambition** in your hearts, do not boast about it or deny the truth. Such "wisdom" does not come down from heaven but is earthly, unspiritual, demonic. For where you have envy and selfish ambition, there you find **disorder** and **every evil practice**.

Key Thought: We need to _____ all to God.

2. _____.

Luke 17:1 Then He said to the disciples, "It is **impossible** that no **offenses** should come, but woe *to him* through whom they do come!"

Proverbs 18:19 An **offended** friend is harder to win back than a **fortified city**. Arguments separate friends like a gate locked with bars.

Key Thought: We have to learn to _____ people.

3. _____.

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Proverbs 18:21 The tongue has the power of **life** and **death**, and those who love it will eat its fruit.

Key Thought: We all need words of _____.

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Mark 7:21-23 "...For it is from within, out of a person's heart, that **evil thoughts** come—sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. All these evils come from **inside** and defile a person."

Key Thought: We need our heart and thoughts to be _____ by God's Word.

Ezekiel 36:26-27 I will give you a **new heart** and put a new spirit in you; I will remove from you your **heart of stone** and give you a **heart of flesh**. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.

3 Steps to Transforming the Heart

✓ Invite the Holy Spirit to _____.

Psalm 139:23-24 **Search me**, God, and **know my heart**; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.

✓ Invite the Holy Spirit to _____.

Psalm 51:10-11 Create in me a **pure heart**, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me.

✓ Invite the Holy Spirit to _____.

Ephesians 5:18 Do not get drunk on wine, which leads to debauchery. Instead, be **filled with the Spirit...**

Walk Away: I will remove anything that _____ my heart from all that God has for me, and I will allow the Holy Spirit to have his _____ in my life.

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