

Oh What Fun
The Focus Choice
Dec 21/22, 2019

Joel 2:23 Be glad...Rejoice in the Lord your God.

Distraction means: a pulling apart. a separating. a drawing of the mind in different directions.

Key Thought: The devil doesn't need to destroy you if he can distract you.

Luke 10:38-42 As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed him into her home. Her sister, Mary, sat at the Lord's feet, listening to what he taught. But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, "Lord, doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me." But the Lord said to her, "My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her."

1. Diminish the Distractions.

1 Corinthians 7:35 I am saying this for your benefit, not to place restrictions on you. I want you to do whatever will help you serve the Lord best, with as few distractions as possible.

✓ Distraction of Technology.

Key Thought: My life is too valuable, my calling too great, and my God too good to waste my life distracted by things that do not matter.

✓ Distraction of Schedule.

Job 9:25 My days are swifter than a runner; they fly away without a glimpse of joy.

✓ Distraction of Sin.

John 10:10 The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

Psalm 32:1-11 Blessed is the one whose transgressions are forgiven, whose sins are covered. Blessed is the one whose sin the Lord does not count against them and in whose spirit is no deceit. When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy on me; my strength was sapped as in the heat of summer. Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." **And you forgave the guilt of my sin...** Many are the woes of the wicked, but the Lord's unfailing love surrounds the one who trusts in him. Rejoice in the Lord and be glad, you righteous; sing, all you who are upright in heart!

Proverbs 5:8 Stay away from her! Don't go near the door of her house!

2. Focus on the Important.

Proverbs 4:25-27 Look straight ahead, and fix your eyes on what lies before you. Mark out a straight path for your feet...Don't get sidetracked...

Hebrews 12:2 ...fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross.

- ✓ Relationship with Church.
- ✓ Relationship with God.
- ✓ Relationship with Family and Friends.

3. Listen to the Voice of God.

Isaiah 30:21 Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it."

Walk Away: We can not let the noise of this world distract us from the voice of God.