

Galatians 5:1 It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

1 John 3:20-23 For if our heart condemns us, God is greater than our heart, and **knows all things**. Beloved, if our heart does not condemn us, we have confidence toward God. And whatever we ask we receive from Him, because we keep His commandments and **do those things that are pleasing in His sight**. And this is His commandment: that we should believe on the name of His Son Jesus Christ and love one another, as He gave us commandment.

4 Ways We Deal with the Shame of our Past:

- ✓ We can _____ it.

Proverbs 28:13 He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.

- ✓ We can _____ ourselves up.

Psalms 38:4-8 I am drowning in the flood of my sins; they are a burden too heavy to bear. Because I have been foolish...I'm utterly worn out and crushed, my heart is troubled...

- ✓ We can _____ others.

Genesis 3:13 The serpent deceived me, and I ate.

- ✓ We can _____ God.

2 Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

Zechariah 3:1, 3 Then the angel showed me Jeshua the high priest standing before the angel of the Lord. The Accuser, Satan, was there at

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the angel's right hand, making accusations against Jeshua...Jeshua's clothing was **filthy** as he stood there before the angel.

Three Truths to Shame-Free Living:

1. God _____ Satan down.

Zechariah 3:2 And the LORD said to Satan, "I, the LORD, reject your accusations, Satan. Yes, the LORD, who has **chosen** Jerusalem, **rebukes** you..."

1 John 2:1 ...if anyone does sin, we have an advocate who pleads our case before the Father. He is Jesus Christ, the one who is truly righteous.

Romans 8:1 So now there is no condemnation for those who belong to Christ Jesus.

2. God _____ who we are.

Zechariah 3:2 "...This man is like a burning stick that has been snatched from the fire."

Hebrews 4:16 Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

3. God _____ us.

Zechariah 3:4 So the angel said to the others standing there, "Take off his filthy clothes." And turning to Jeshua he said, "See, I have taken away your sins, and now I am giving you these **fine new clothes**."

John 21:17 ...Jesus asked him the third time, "Do you love me?" He said, "Lord, you **know all things**; you know that I love you." Jesus said, "Feed my sheep..."

Walk Away: By _____ in Christ, the shame of my past is _____.

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