

Through The Looking Glass
Removing The Shame

December 10, 2017

Isaiah 1:18 NLT “Come now, let’s settle this,” says the LORD.
“Though your sins are like scarlet, I will make them as white as snow.
Though they are red like crimson, I will make them as white as wool.
If you will only obey me...”

4 Ways We Deal with the Shame Of Our Past:

✓ We can _____ it.

Proverbs 28:13 He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.

✓ We can _____ ourselves up.

Psalms 38:4-8 I am drowning in the flood of my sins, they are a burden too heavy to bear. Because I have been foolish, I’m utterly worn out and crushed, my heart is troubled.

✓ We can _____ others.

Genesis 3:13 The serpent deceived me, and I ate.

✓ We can _____ God.

2 Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

Isaiah 54:4 Fear not; you will no longer live in shame. Don’t be afraid; there is no more disgrace for you. You will no longer remember the shame of your youth.

1 John 1:9 If we confess our sins, God is faithful and just, and will forgive us our sin and purify us from all unrighteousness.

How do we defeat shame?

1. We have to stop _____ something that God says we are _____.

1 Timothy 1:13-15 Even though I was once a blasphemer and a persecutor and a violent man, I was shown mercy because I acted in ignorance and unbelief. The grace of our Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus. Here is a trustworthy saying that deserves **full acceptance**: Christ Jesus came into the world to save sinners--of whom I am the worst.

2. We have to move the _____ from what we are not to who Christ _____.

1 Corinthians 1:30 ...Christ made us right with God; he made us pure and holy, and he freed us from sin.

Because of Christ:

I am not _____.

Because of Christ I am _____.

Joshua 5:9 Then the Lord said to Joshua, “As slaves in Egypt you were ashamed, but today I have removed that shame.

Walk Away: By _____ in Christ, the shame of my past is _____.

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4 Ways We Deal with the Shame Of Our Past:

- ✓ We can bury it.

Proverbs 28:13 He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.

- ✓ We can beat ourselves up.

Psalms 38:4-8 I am drowning in the flood of my sins, they are a burden too heavy to bear. Because I have been foolish, I’m utterly worn out and crushed, my heart is troubled.

- ✓ We can blame others.

Genesis 3:13 The serpent deceived me, and I ate.

- ✓ We can believe God.

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