

Romans 7:14-25; 8:1-2. We know that the law is spiritual; but I am unspiritual, sold as a slave to sin. I do not understand what I do. For **what I want to do I do not do, but what I hate I do.** And if I do what I do not want to do, I agree that the law is good. As it is, it is no longer I myself who do it, but it is sin living in me. For I know that good itself does not dwell in me, that is, in my sinful nature. For **I have the desire to do what is good**, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do—**this I keep on doing**. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it. So I find this law at work: Although I want to do good, evil is right there with me. For in my inner being I delight in God's law; but I see another law at work in me, **waging war** against the law of my mind and making me a prisoner of the law of sin at work within me. What a wretched man I am! Who will rescue me from this body that is subject to death? Thanks be to God, who delivers me through **Jesus Christ our Lord!** So then, I myself in my mind am a slave to God's law, but in my sinful nature a slave to the law of sin. Therefore, there is now **no condemnation** for those who are in Christ Jesus, because **through Christ Jesus** the law of the Spirit who gives life has **set you free** from the law of sin and death.

Key Thought: Most people have uphill hopes and downhill _____.

Key Thought: Everything worthwhile is _____.

What is it going to take to change?

✓ _____ for the future.

Jeremiah 29:11 “For I know the **plans I have for you**,” declares the LORD, “plans to prosper you and not to harm you, plans to give you **hope and a future.**”

✓ _____ from the past.

Philippians 3:13-14 Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting **what is behind** and straining toward **what is ahead**, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

✓ _____ of uphill habits.

Romans 12:2 Do not conform to the **pattern of this world**, but be **transformed** by the renewing of your mind. Then you will be able to test and approve what **God's will** is—his **good, pleasing and perfect will.**

Key Thought: Put God _____.

Exodus 20:1-3 And God spoke all these words: “I am the LORD your God, who brought you out of Egypt, out of the land of slavery. You shall have **no other gods** before me.”

Developing the Habit of a God First Life:

1. Give God the first of _____.

Matthew 6:33 But seek first his kingdom and his righteousness, and all these things will be given to you as well.

What does that look like?

- The first of my _____. Practical Tip: 21 Days of Prayer and _____.

Luke 5:16 But Jesus often withdrew to lonely places and prayed.

21 Days of Prayer: Aug 9 – 29.

- The first of my _____. Practical Tip: Scheduling and _____.

James 1:5 If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

1 Corinthians 16:2 On the first day of **every week**, each one of you should set aside a sum of money in **keeping with your income**, saving it up, so that when I come no collections will have to be made.

- The first of my _____. Practical Tip: _____ and Resting.

Hebrews 10:24-25 And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

Exodus 20:8 Remember the Sabbath day by keeping it holy.

- The first of my _____. Practical Tip: Time with _____.

First 15: 5 Minutes in the _____; 5 Minutes in _____; 5 Minutes in _____.

2. Expect God to _____ the rest.

Proverbs 3:6-10 In all your ways acknowledge him...**Honor** the LORD with your wealth, with the firstfruits of all your crops; then your barns will be filled to **overflowing**, and your vats will **brim over** with new wine.

Walk Away: A healthy identity creates positive _____. Positive habits reinforce a healthy _____.

Who do you want to become?
