

# LEARN HOW TO SWING

*You can't win if you don't score runs!*



### GET INTO THE BATTERS BOX

Find a place to be alone with God in prayer.



### GET INTO THE HITTING POSITION

Drop to your knees for most powerful prayer position.



### SEE THE BALL, HIT THE BALL

Be specific with weapons of prayer - fight with purpose.

## Ephesians 6:18

*"And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people."*

If you are the home team, you will first play defense before allotted the privilege of scoring runs on offense. The spiritual realm is no different - we put on the armor for defense and then we get up to bat in prayer to swing!

1

### ADORATION

You are Sovereign God Almighty and you can do anything!

2

### CONFESSION

Please forgive me for putting other things before you.

3

### THANKSGIVING

Thank you for saving me and my family from the evil one's plans.

## 4 - Supplication

*Please bless my family with your protection and favor. May we be successful in all we do as we seek your Kingdom purpose for our lives.*

Ephesians 6:18 is the very next verse after the Armor of God is listed. Prayer is the weapon that God has given us to swing at the enemy. All of the pieces of the Armor have a defensive purpose - even the Sword of the Spirit that is used to defeat the lies of the enemy (which are constantly coming at us) is defensive. Our most effective offensive weapon is prayer. This might be why it is so hard to find time to do! The enemy does not want you to score any runs because he does not want to be defeated. His goal is to keep you on the field of defense and you will never get an at bat for an opportunity to win. It is no mistake that the second part of this verse warns us to *"be alert and keep on praying for all the Lord's people"* - we need to be on alert because we are at war! Parents must stay alert that there is an enemy seeking to destroy our children, our marriage, our finances, and our lives. Parents need to fight!



*"Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour"*

### 1 Peter 5:8

It is time for us to put on the Armor of God by reading the Word each day and then go to battle for our children in prayer. You will never hit the ball if you don't swing! Let's get off of defense and become a people of offense! Make time to take your cuts every day so when it's your turn up to bat you are ready for the pitch.

## COACHING PERSPECTIVE

Our God is limitless and there is nothing He cannot do, but I wonder if we will ever know the victory we missed out on because we never took the time to pray? As coaches, we can't afford the time NOT to pray! Everyday some new issue comes our way that we need wisdom to handle and strength to persevere through. There have been so many times that I have not known what to do about a player on my team or a situation that was too big for me to handle. That's when I go to God in prayer. He has never failed me when I needed His help or His strength. Prayer is the weapon God has provided us to use against all the schemes of the devil - it is up to us to use it.

