

# Sermon Guide



## **“Lord, Help Me!” June 19th, 2022**

"<sup>29</sup> Jesus went on from there and walked beside the Sea of Galilee. And he went up on the mountain and sat down there. <sup>30</sup> And great crowds came to him, bringing with them the lame, the blind, the crippled, the mute, and many others, and they put them at his feet, and he healed them, <sup>31</sup> so that the crowd wondered, when they saw the mute speaking, the crippled healthy, the lame walking, and the blind seeing. And they glorified the God of Israel."

**Matthew 15:21-39**

In this Sunday's teaching, RD expounded on the heart of Jesus to heal. Matthew 15:21-28 recounts the story of the Canaanite woman. She comes to Jesus desperate for healing for her possessed daughter. Jesus tells her that he has come for the house of Israel, but because of her persistence and faith, He heals her daughter. From there, Jesus heals many gentiles, culminating in His feeding of the four thousand. RD encouraged us to look at each of dwelled embodied these narratives as examples of desperate, simple and persistent prayer from hearts of faith.

As you read through this week's passage, ask the Holy Spirit to speak to you. He illuminates Scripture and sheds light into our hearts. Then, spend some time prayerfully reflecting on the questions below.

RD shared that we often neglect prayer in our Christian lives. He then described the Canaanite woman's prayer as desperate, simple, and persistent. Does this characterize your prayer life? If not, what keeps you from this sort of prayer life?

RD shared that the most desperate among us often seek God more fervently. How have you seen this reality in your own life and/or in the lives of others?

The disciples struggled to look back and remember God's rich provision for them. They saw Jesus feed the 5,000, but they feared not being able to feed the 4,000. RD said that we often do the same thing by fixating on our current need rather than remembering God's work in the past. What has God done for you in the past that you haven't recently remembered or shared with others?

RD described the posture of Jesus towards us: He is with us and wants to help us. Do you believe that? How does that reality shape your life?

**At Fellowship, we often talk about taking your next step of faith with Jesus.** As you reflect on this week's teaching, what is the next step of faith you'll commit to? Maybe unbelief keeps you from asking God in desperation for a work only He can do. Perhaps you see the value of prayer differently than before and want to pray more. You are invited into deeper waters with Him. He is willing.