

✓ Spiritual Defilement

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Spiritual Defilement

1. Introduction

- Jesus
- [Jhn 10:10](#) **The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.**
- The Natural and Spirit Realm
- Biblical Worldview of the natural and spiritual realms
 - The Thief:.....The Devil, Satan.....Takes, destroys, defiles
 - The Good Shepherd.....Jesus.....Gives, revives, cleanses
- **People are born into this world**
 - Born in sin and separated from God (Rom.3:23)
 - Spiritually Lost like sheep. (Is.53:6)
 - Experience spiritual defilement in many different ways

2. (The Presence and Favour of God)

- Moses:
- [Exo 33:14](#) **And He said, "My Presence will go with you, and I will give you rest."**
- [Exo 33:16](#) **For how then will it be known that Your people and I have found grace (favour) in Your sight, except You go with us? So we shall be separate (distinct, marked out) Your people and I, from all the people who are upon the face of the earth."**
- Paul
- [2Co 6:16](#) **And what agreement has the temple of God with idols? For you are the temple of the living God. As God has said: "I WILL DWELL IN THEM AND WALK AMONG THEM. I WILL BE THEIR GOD, AND THEY SHALL BE MY PEOPLE."**
 - The indwelling Presence of God
- [2Co 6:17](#) **Therefore "COME OUT FROM AMONG THEM AND BE SEPARATE,(Set apart) SAYS THE LORD. DO NOT TOUCH WHAT IS UNCLEAN, AND I WILL RECEIVE YOU." (Receive to favour)**
 - A Condition for Presence and favour
- [2Co 6:18](#) **"I WILL BE A FATHER TO YOU, AND YOU SHALL BE MY SONS AND DAUGHTERS, SAYS THE LORD ALMIGHTY."**
 - Father; Source, Ox +Tent
- Paul:
- [Heb 12:14](#) **Pursue peace with all people, and holiness, without which no one will see the Lord:**
- [Heb 12:15](#) **looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled;**
 - **Holiness**.....to be consecrated or set apart for God, like a bride for her husband
 - Purity of heart.....free from defilement by uncleanness or hidden selfish motives
 - Free from mixture
 - **"Defiled"**.....polluted, contaminated, stained, tainted ...opposite of purity
 - **"Cause trouble"**...cause a disturbance, annoy, unwanted difficulty, agitate
- [1Th 4:7](#) **For God did not call us to uncleanness, but in holiness (consecration, set apart, purity)**

2. The Man with the Unclean Spirit

- [Luk 4:31](#) **Then He went down to Capernaum, a city of Galilee, and was teaching them on the Sabbaths.**
- [Luk 4:32](#) **And they were astonished at His teaching, for His word was with authority.**

[Luk 4:33](#) Now in the synagogue there was a man who had a spirit of an unclean demon. And he cried out with a loud voice,

[Luk 4:34](#) saying, "Let us alone! What have we to do with You, Jesus of Nazareth? Did You come to destroy us? I know who You are—the Holy One of God!"

[Luk 4:35](#) But Jesus rebuked him, saying, "Be quiet, and come out of him!" And when the demon had thrown him in their midst, it came out of him and did not hurt him.

[Luk 4:36](#) Then they were all amazed and spoke among themselves, saying, "What a word this is! For with authority and power He commands the unclean spirits, and they come out."

[Luk 4:37](#) And the report about Him went out into every place in the surrounding region.

o The Man was in the Synagogue.

- **He was a believer defiled and tormented with an unclean spirit**
 - *Defiled...contaminated, polluted, made unclean*
- Natural Atmosphere can be clean or polluted
- Spiritual atmosphere can be clean and life giving, or it can be polluted by demons
- People can spiritually be clean or polluted and defiled

3. Spiritual Defilement

o What is Spiritual Defilement?

- o **The entrance of anything unclean that shapes the heart and mind and actions of a person**
 - **Not just doing something wrong...it is allowing something to defile your inner life**
 - **It is something that distorts your inner life and relationships**
 - **It causes an unclean mixture that affects all you do**

o **This Man(Lk.4) was spiritually defiled**

- o **He was in bondage to patterns of sexual sin and defilement empowered by an unclean spirit.**
 - He could not get free from the cycle of uncleanness and sin
 - The man was daily tormented by many spirits. ("We", "us")
 - The unclean spirit was the strongman and other spirits had also entered to further defile

o **The Unclean demons recognised who Jesus was ...the Holy Son of God**

- They reacted in fear and horror and terror at Jesus presence

4. How did the Unclean Spirits Enter the Man?

- o How did the man become spiritually defiled ?
- o There is no record how the unclean spirit entered the man

o Possible ways this could have happened:

1. **Generational Defilement.....Family and Personal Sin**
2. **Idol DefilementWorship of demons**
 - [1Co 10:20](#) *Rather, that the things which the Gentiles sacrifice they sacrifice to demons and not to God, and I do not want you to have fellowship with demons.*
3. **Spiritism defilementDivination, Sorcery, Familiar spirits**
 - [Lev 19:31](#) *'Give no regard to mediums and familiar spirits; do not seek after them, to be defiled by them: I am the LORD your God.*
4. **Defiled Environment or Objects**
5. **Defiled Relationships**
 - Bitterness.....Unforgiveness
 - Angry People..... (Injustice)
 - Offended PeopleEvil Reports, Gossip, Offence, Complaining,
 - Sexual Sin.....Soul Ties, unclean spirits ...Samson
6. **Trauma defilement.....Sexual Abuse etc**
7. **Doctrine defilement.....False Teaching, Legalism, permissive Grace, Error**

8. Culture Defilement.....Media, Pornography, Materialism, Honor of Men

5. Steps to Freedom

1. Come to Jesus

2. Deliverance

- James.4:7
 - Repent and Confess
 - Renounce Bondage
 - Resist

8. Unexpected Consequences of Sexual Sin

- One of the most common expressions of sexual sin is pornography and masturbation

1. Personal Defilement

- Legal Rights for demonic spirits to enter and oppress
- Entanglement with the Spirit of Jezebel
- Soul Ties (1Cor.6:16-17)
 - Sexual Partners
 - Porn Images and sites
 - Demonic spirits
- Intrusive Memories and pictures
- Bitterness form broken relationships
- Walls and barriers to future intimacy

2. Spiritual and Emotional Struggles

- Sexual sin causes a loss of spiritual fire and passion
- [Pro 7:25](#) Do not let your **heart turn aside to her ways**, Do not stray into her paths;
- [Pro 7:26](#) For she has cast down many **wounded**, And all who were slain by her were strong men.
- [Pro 7:27](#) Her house is the **way to hell, Descending to the chambers of death.**
- Our walk with God is compromised by:
 - Guilt
 - Shame
 - Secrecy
 - Fear
- Chambers of Death and Hell
 - Death...numbness and loss of feeling, loss of sexual drive for spouse
 - Hell.....torment, fear, insecurity, defiling thoughts, loneliness
- 3. Life Assignment is Undermined
 - Every believer has an assignment from God (Eph.2:10)
 - God anoints us to empower us to fulfil our assignment
 - Our assignment requires focus and motivation
 - [Pro 31:3](#) Do not give your strength to women, Nor your ways to that which destroys kings.
 - Eg. Samson
 - Sexual Sin Drains multiple forms of strength from your life
 - After M people exp a profound loss of motivation energy and drive
 - This is a spiritual siphoning
 - Demons assigned to sex sin target your motivation
 - Know that w/o this your purpose will be undermined
 - After M release of chemicals dopamine oxytocin prolactin
 - Physiology
 - If repeatedly released thru M rather than marriage they create neurological pathways that lead to addiction and decreased motivation for other activities

- **Spiritually**
 - Gen. God created humans he breathed spirit into them his life
 - This life giving spirit is designed to carry divine life energy and purpose
 - Sexual expression designed used in covenant of marriage
 - When misused in M becomes life draining
 - **Guilt and shame are not just life responses they are spiritual indicators of life force being drained from you**
 - Ps.51:12 Restore Joy of salvation.. recognised sexual sin had robbed him of joy
 - Many believers set spiritual goals but fall into M loses motivation and falls into cycle
- **This is not random. Demons understand how effectively sex sin drains vital energy**
- 4. Generational Legacy is Defiled and Destroyed**
 - [Pro 13:22](#) *A good man leaves an inheritance to his children's children, But the wealth of the sinner is stored up for the righteous.*
 - **A Key Part of our assignment is to establish a legacy of blessing for the next generation**
 - Sexual sin gives legal rights for demonic spirits to enter and destroy generational legacy
 - Onan. (Gen.38)
 - Samson. (Judg.16)
 - David. (Ps.51)
 - Solomon (1K.11)
 - Israelites. (Num.25)
- 5. Loss of Honour and Wealth**
 - Example: Grandfather
 - All we have naturally reflects the spiritual realm
 - [Pro 5:8](#) *Remove your way far from her, And do not go near the door of her house,*
 - [Pro 5:9](#) *Lest you give your **honor to others**, And your **years to the cruel one**;*
 - [Pro 5:10](#) *Lest **aliens be filled with your wealth**, And your labors go to the house of a foreigner;*
 - **Demons assigned to sex sins are empowered to come against your honour and wealth**
 - *Cruel= Disposed to give pain to others; willing or pleased to hurt, torment, or afflict; destitute of sympathetic kindness and pity; savage; inhuman; hard-hearted; merciless*
 - **Sexual sin opens the door to the destruction of both honour and wealth**
 - Wealth is not just money, but substance, abundance, blessing of God that makes rich
 - Sexual sin gives demons legal rights to attack both honour and wealth and career and health
 - They destroy and divert the blessings that God has intended for you
 - **Sexual Sin Undermines Honour, reputation and respect, the way people see and value you**
 - People get overlooked for promotion they are qualified for
 - **Examples:**
 - **Solomon (1King.11)..generational legacy destroyed**
 - **King David**
 - **Samson**
- 6. Loss of Spiritual Authority and Dominion**
 - This is the most critical treasure demons seek to steal thru Sexual Sin
 - Believers have been given authority
 - [Luk 10:19](#) *Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.*
 - **In Spiritual warfare your authority is directly connected to your submission to God**
 - [Jas 4:7](#) *Therefore submit to God. Resist the devil and he will flee from you.*
 - Sexual Sin submit to flesh desires rather than God
 - Compromises auth to resist the enemy
 - Many Believers struggle with constant oppression and lack auth because of hidden sin
 - **Sex sin is a primary gateway for demonic influence.. directly attacks God given auth and dominion**
 - Mat.8 Centurion understood authority
 - Spir auth flows from being aligned under Gods authority
 - Sexual sin disrupts this alignment

- GPT Research

Spiritual Defilement

1. What Is Spiritual Defilement?

Spiritual defilement is the contamination, corruption, or pollution of a person's inner life — spirit, soul, heart, conscience, mind, or body — through sin, rebellion, idolatry, ungodly influences, or fellowship with darkness. It affects a person's relationship with God, spiritual sensitivity, purity, authority, and freedom.

The Bible uses words such as:

- Defiled
- Unclean
- Polluted
- Corrupted
- Stained
- Hardened
- Seared
- Impure

Spiritual defilement is not merely outward wrongdoing; it is an inward contamination that affects:

- Fellowship with God
- Spiritual perception
- Character
- Desires
- Relationships
- Worship
- Conscience
- Spiritual authority

Key Scriptures

"Let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God."

— 2 Corinthians 7:1

"Blessed are the pure in heart, for they shall see God."

— Matthew 5:8

"To the pure all things are pure, but to those who are defiled and unbelieving nothing is pure; but even their mind and conscience are defiled."

— Titus 1:15

"Keep your heart with all diligence, for out of it spring the issues of life."

— Proverbs 4:23

2. What Parts of a Person Can Be Defiled?

A. The Heart

The heart is the center of desires, motives, worship, and affections.

Jesus taught that defilement begins internally.

"Out of the heart proceed evil thoughts..."

— Matthew 15:19-20

A defiled heart becomes:

- Hardened
- Deceptive
- Divided
- Idolatrous
- Impure

B. The Conscience

The conscience can become:

- Defiled
- Weak
- Seared
- Hardened

"Their mind and conscience are defiled."

— Titus 1:15

A defiled conscience loses spiritual sensitivity.

C. The Mind

The mind can become polluted by:

- Lies
- Bitterness
- Immorality
- Occult thinking
- Pride

- False doctrine
- “Be transformed by the renewing of your mind.”
— Romans 12:2

D. The Body

The body can become defiled through sinful use.
“Flee sexual immorality... your body is the temple of the Holy Spirit.”
— 1 Corinthians 6:18-19

E. The Human Spirit

A person's spirit can become oppressed, darkened, wounded, hardened, or spiritually contaminated.
“Let us cleanse ourselves from all filthiness of flesh and spirit.”
— 2 Corinthians 7:1

3. Sources of Spiritual Defilement

A. Personal Sin

The primary source of defilement is sin.

Examples:

- Sexual immorality
- Adultery
- Pornography
- Bitterness
- Hatred
- Pride
- Greed
- Lying
- Rebellion
- Unforgiveness

Sin opens doors to darkness and contaminates the inner man.
“The soul who sins shall die.”
— Ezekiel 18:4

B. Idolatry

Idolatry spiritually pollutes because it transfers affection, trust, fear, or worship away from God.

Modern forms:

- Money
- Success
- Pleasure
- Image
- Ministry
- Relationships
- Power
- Self

Israel repeatedly became defiled through idols.
“They defiled themselves by their own works.”
— Psalm 106:39
Idolatry often connects with demonic influence.
“The things which the Gentiles sacrifice they sacrifice to demons.”
— 1 Corinthians 10:20

C. Occult Involvement

One of the deepest sources of spiritual contamination.

Examples:

- Witchcraft
- Spiritism
- Divination
- Astrology
- New Age practices
- Occult meditation
- Tarot cards
- Necromancy
- Freemasonry
- False spiritual power

These practices involve contact with spiritual powers opposed to God.
“There shall not be found among you anyone who practices witchcraft...”
— Deuteronomy 18:10
Occult involvement often brings:

- Fear
- Bondage
- Spiritual oppression
- Confusion
- Torment
- Night disturbances
- Spiritual heaviness

D. Sexual Sin

Sexual sin uniquely affects both body and spirit.

“He who commits sexual immorality sins against his own body.”

— 1 Corinthians 6:18

Sexual immorality creates:

- Soul ties
- Shame
- Defilement
- Bondage
- Fragmentation
- Distorted desires

E. Unforgiveness and Bitterness

Bitterness pollutes the inner life.

“Looking carefully lest any root of bitterness springing up cause trouble, and by this many become defiled.”

— Hebrews 12:15

Bitterness spreads defilement into:

- Thoughts
- Emotions
- Relationships
- Families
- Churches

F. False Doctrine and Corrupt Teaching

False teaching defiles minds and consciences.

“Beware... lest you fall from your own steadfastness.”

— 2 Peter 3:17

False doctrine corrupts:

- The image of God
- The Gospel
- Moral purity
- Discernment

G. Corrupt Associations

People are spiritually influenced by companionship and environments.

“Bad company corrupts good morals.”

— 1 Corinthians 15:33

Association with:

- Immorality
 - Violence
 - Rebellion
 - Occult practices
 - Corrupt media
- can gradually pollute the inner life.

H. Words and Media

What enters through the eyes and ears affects the heart.

Examples:

- Pornography
- Violent media
- Occult entertainment
- Perverse music
- Blasphemy
- Constant fear-based content

“I will set nothing wicked before my eyes.”

— Psalm 101:3

I. Generational Iniquity and Family Patterns

The Bible teaches that sinful patterns can affect generations.

Examples:

- Addiction
- Violence
- Sexual sin
- Occult involvement
- Rejection
- Idolatry

These create spiritual strongholds and repeated cycles.

Exodus 20:5

4. Signs of Spiritual Defilement**Internal Signs**

- Loss of peace
- Spiritual dullness
- Loss of hunger for God
- Confusion
- Shame
- Torment
- Persistent darkness
- Loss of sensitivity to sin
- Compulsive sin cycles

Relational Signs

- Conflict
- Isolation
- Manipulation
- Suspicion
- Broken trust

Spiritual Signs

- Resistance to prayer
- Lack of spiritual clarity
- Bondage
- Oppression
- Fear
- Persistent condemnation
- Difficulty worshipping freely

5. The Remedy for Spiritual Defilement

The Gospel provides complete cleansing through Jesus Christ.

A. Repentance

True repentance is the first step.

Repentance means:

- Recognizing sin
- Agreeing with God
- Turning away from it
- Renouncing darkness

“Repent therefore and be converted, that your sins may be blotted out.”

— Acts 3:19

Repentance must be:

- Honest
- Deep
- Specific
- Ongoing

B. The Blood of Jesus Christ

The blood of Christ cleanses:

- Conscience
- Heart
- Spirit
- Sin
- Guilt

“The blood of Jesus Christ His Son cleanses us from all sin.”

— 1 John 1:7

“How much more shall the blood of Christ... cleanse your conscience...”

— Hebrews 9:14

The cross is the ultimate remedy for defilement.

C. Confession

"If we confess our sins, He is faithful and just to forgive us..."

— 1 John 1:9

Confession brings:

- Exposure of darkness
- Breaking of secrecy
- Healing
- Restoration

D. Renunciation

Renouncing means verbally rejecting sinful agreements and spiritual involvement.

Especially important for:

- Occult involvement
- Idolatry
- Sexual sin
- False religion
- Ungodly covenants

Acts 19 shows believers destroying occult objects publicly.

E. Forgiveness

Forgiving others closes major doors to defilement.

"Forgive... as Christ forgave you."

— Colossians 3:13

Forgiveness removes bitterness and releases healing.

F. Cleansing Through the Word of God

The Word washes and renews the inner man.

"That He might sanctify and cleanse her with the washing of water by the word."

— Ephesians 5:26

The Word:

- Renews the mind
- Exposes lies
- Purifies motives
- Restores truth

G. The Work of the Holy Spirit

The Holy Spirit sanctifies and purifies believers.

"By the sanctifying work of the Spirit."

— 1 Peter 1:2

The Spirit:

- Convicts
- Cleanses
- Heals
- Restores sensitivity
- Produces holiness

H. Separation From Defiling Influences

Some doors must be closed practically.

This may involve removing:

- Ungodly media
- Occult items
- Corrupt relationships
- Sinful habits
- Toxic environments

"Come out from among them and be separate..."

— 2 Corinthians 6:17

I. Ongoing Sanctification

Freedom is maintained through continual walking with God.

Practical Ways

- Prayer
- Worship
- Scripture meditation
- Fellowship
- Accountability
- Obedience
- Humility
- Walking in the light

6. The Goal: Purity and Fellowship With God

God's goal is not merely outward morality but inward purity.

"Create in me a clean heart, O God."

— Psalm 51:10

Purity restores:

- Intimacy with God
- Spiritual sensitivity
- Peace
- Authority
- Freedom
- Joy
- Clarity
- Fruitfulness

7. Summary

Spiritual Defilement Is:

- Inner spiritual contamination caused by sin and darkness.

Main Sources:

- Sin
- Idolatry
- Occult involvement
- Sexual immorality
- Bitterness
- False doctrine
- Corrupt influences
- Ungodly media
- Generational iniquity

The Remedy:

- Repentance
- The blood of Jesus
- Confession
- Renunciation
- Forgiveness
- The Word of God
- The Holy Spirit
- Separation from darkness
- Ongoing sanctification

"Blessed are the pure in heart, for they shall see God."

— Matthew 5:8