

✓ How to Minister Deliverance

Saturday, 2 May 2026 8:31 AM

Personal Ministry 1:1

- o This is the most common way you will minister..out of personal relationship and opportunity

I. Diagnosis and Preparation

1. Depend Upon The Holy Spirit

- It is God who heals the broken heart
- Only Holy Spirit can uncover hidden roots
- Listen for spontaneous thoughts, pictures and impressions
- Sample Prayer:

2. Diagnosis

- Ask questions
- Listen carefully to the person and the Holy Spirit
- Identify hidden roots or doors of entry
- Is Homework needed? Forgiveness?

3. Prepare the Person

- Tell the person what you have discerned
- Share with them the foundations for freedom...their part
- They may need personal preparation....to journal unresolved issues and forgive

II. How To Begin Ministry

1. Keep Ministry Safe

- Men minister to men
- Women minister to women
- Couples minister to men or women or both
- Avoid being alone when ministering
- Treat confidences with respect

2. Open with prayer

- Invite Holy Spirit to come and release gifts or revelation, discernment and power
- Confess and declare the power of the Blood of Jesus
- Forbid all demonic backlash against the ministry
- Bind all ruling spirits from interfering or communicating or operating
- Sample Prayer

3. Share how ministry will take place

- Explain the steps of ministry
- Explain what you will do
- Explain what you **expect them to do**
 - **Honesty**
 - **Feedback**
 - **Resist**

4. Lead them through a simple prayer

- Confess faith in Christ and His work
- Lead them to repent of sin,
- Lead them to release forgiveness
- **Lead them to renounce and break all agreements with spirits and bondages**
 - Generational Curses
 - Idolatry/ dedications
 - Religious Bondages...legalism, RC
 - Occult activities and agreements
 - Bitter judgments
 - Inner vows
 - Death wishes
 - False Burdens
 - Ungodly beliefs
 - Ungodly Soul Ties
- **Sample Prayer**

5. Lay hands and minister deliverance

- Ask permission of the person before doing laying on of hands
- Lay hands on the head or belly or as the Lord leads

- **Break known bondages by strong commands**
- Sample Prayer
- **Command demons to come out**
 - **Speak to the spirit** as a real spirit being present and listening
 - **Speak from within**, not loudly but with expectation of response
 - **Speak with strength** and force from your spirit
 - **Speak with expectation and Insist** they leave
- Use short commands..."Come out, Out, Loose"
- Don't shout, or become frustrated or angry or become physical

6. Engage the Demons Directly

- This is an area that people tend to withhold
- Don't stand off internally and try to minister at a distance internally
- Internal condemnation or fear will cause you to draw back and be ineffective
- **Focus your Attention**
 - This causes connection and your spirit to flow
 - Look Directly into their eyes
 - Speak into the person and into the spirit realm
- [Jer 23:29](#) "Is not My word like a fire?" says the LORD, "And like a hammer that breaks the rock in pieces?"
- **Two regular practices to develop**
 - **Strong praying in tongues to strengthen spirit**
 - **Meditation in word to develop faith and focus**

7. What about Demon Names?

- Naming Demons can weaken their power
- Diagnosis will have revealed areas
 - Generational or Bloodline Curses
 - Sinful Activities
 - Trauma
- Listen constantly to Holy Spirit impressions.
- **Flow with HSp revelation and don't argue or reason in mind**
- **Name them according to Behaviour identified**
 - Rejection
 - Fear
 - Anxiety
- **Often they are in groups and are related...**
 - They reinforce and expand bondage
- **Examples:**
 - Rejection-groups
 - Pornography-Groups
- **Identity Lies**
- **Commonly there are bondages to Lies**
 - *I'm not wanted*
 - *I'm not good enough*
 - *Its all my fault*
 - *Nothing I do is good enough*

8. What about Manifestations?

- **We should look for any signs of manifestations of demons**
 - Demons don't like to be exposed
 - They know they have to obey the authority and anointing
 - If they hide...they won't be confronted

9. Manifestations may happen or may not

- It is not necessary to have manifestations
- There are many common manifestations.
- Observe Manifestations.
 - They can reveal the spirits that are operating

10. Examples of Manifestations

- Eg. Yawning, growling, hissing, spitting, cursing, threatening, yelling, shaking, arguing, falling down, shaking hands rapidly, clenching fists, claw like hands, eyes rolling up, eyes shut hard, intimidation, choking self
- **Common:**

- Hands shaking
- Hands like a claw
- Anger on face/eyes
- Fear on face/eyes
- Haughty look and posture
- Movements like an idol...snake, tiger, monkey

11. What if Demons Resist?

- Demons always resist and attempt to remain in control a person
- Sometimes they become vocal, and argue, or accuse, or threaten
- Speak the Word of God at them...use it like a hammer, or sword
- Persevere with commands....don't draw back in fear
- If no breakthrough pause and pray
- Engage the person
- Get them to cooperate by repentance, forgiveness, resisting

12. Should I engage in Conversation with Demons?

- Various opinions on this....(see media online ministries)
- Some people question demons for information on name and point of access
 - Only one Bible situation of this possibility ...the Gadarene man with a legion of demons
 - It can become a display of demonic pride and distraction
 - I mostly don't engage in conversations
- If you engage the demon verbally-Interrogate them
 - Don't ask random questions for information- Divination
 - Forbid to say anything except respond to your questions
 - Command it under pain of judgment to answer truthfully
 - Command
 - To reveal their Name
 - To reveal Legal Right to be present
 - To reveal their Assignment
 - Command to surrender **all rights and all curses** in Jesus name

13. How to know if the ministry is complete?

- You feel or sense a release of pressure or resistance
- The Holy Spirit may prompt you
- Ask the person how they are doing?

14. Minister Infilling of the Holy Spirit

- Pray for cleansing of defilement
- Pray for healing of wounds
- Pray for Holy Spirit to infill them

15. Follow up the person

- Pray for them to be cleansed and filled with the Holy Spirit
- Call or text them the next day to see how they are doing and if further help is needed
- Give strategies to remain free
- Deliverance can be progressive

III. What about Demonic Backlash?

1. Warnings:

- [Eph 6:10](#) Finally, my brethren, **be strong in the Lord** and in the power of His might.
- [Eph 6:11](#) Put on the whole armor of God, that you may be able to stand against the wiles of the devil.
- [1Pe 5:8](#) Be sober, be vigilant; because your **adversary** the devil **walks about** like a roaring lion, seeking whom he may devour.
- [1Pe 5:9](#) **Resist** him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world

2. What is Demonic Backlash?

- Backlash refers to Demons seeking to disrupt or intimidate
 - "Backlash:"..... Adverse reaction by demons to your presence and the danger you present to them

3. How do Demons lash back against you?

- Personal oppression
 - Temptations
 - Heaviness
 - Overwhelm
 - Condemnation/Accusations
 - Tiredness

- Irritation and anger
- Blockages to hearing God
- Confusion
- Health
- Relationships...Marriage, Family, Team
- Communications
- Finances
- Accidents

4. When can Backlash happen?:

- Before Ministry.....to discourage
- During Ministry.....to distract
- After Ministry.....to depress

5. How to Minimise Demonic Backlash

- Recognise backlash and refuse to react.
- Develop Personal Holiness
- Exercise Authority
- **Strong PrayerAssert Governing Authority**
Bind and Forbid all Demonic backlash against
 - Health
 - Accidents
 - Marriage
 - Children
 - Finance
 - Property

6. Develop Hardness and perseverance as a warrior ...

- [2Ti 2:3](#) *You therefore must endure hardship as a good soldier of Jesus Christ.*
- [2Ti 2:4](#) *No one engaged in warfare entangles himself with the affairs of this life, that he may please him who enlisted him as a soldier.*
- Don't be a quitter