

✓ The Foundations for Deliverance

Saturday, 2 May 2026 8:26 AM

Foundations for Freedom

I. Why is the Freedom Journey so Important?

- [Exo 4:23](#) *So I say to you, let My son go that he may serve Me.*
- There are many blessings that come from humbling ourselves to pursue freedom
 - Freedom from demonic defilement and bondage
 - Freedom from unnecessary suffering
 - Growth in Personal Spiritual Authority
 - Deepening intimacy with Jesus and ability to hear His Voice
 - Preparation to become a Pure and spotless Bride for the Coming of Jesus
- **A Process and a Power Encounter**

[Exo 23:30](#) *Little by little **I will drive them out** from before you, until you have increased, and you inherit the land.*

[Exo 23:31](#) *And I will set your bounds from the Red Sea to the sea, Philistia, and from the desert to the River. For I will deliver the inhabitants of the land into your hand, and **you shall drive them out** before you.*

Key Foundations for Freedom:

I. The Work of Christ on the Cross

- **Christ Our Representative has overcome all Demons**
- [Col 2:14](#) *He **canceled out every legal violation** we had on our record and the old arrest warrant that stood to indict us. He erased it all—our sins, our stained soul—he deleted it all and they cannot be retrieved! Everything we once were in Adam has been placed onto his cross and nailed permanently there as a public display of cancellation.*
- [Col 2:15](#) *Then Jesus made a public spectacle of all the powers and principalities of darkness, **stripping away from them every weapon and all their spiritual authority and power** to accuse us. And by the power of the cross, Jesus led them around as prisoners in a procession of triumph. He was not their prisoner; they were his!*
- **Jesus work on the cross as our Representative was Complete**
- **Key Scriptures:**
 - Col.2:14-15....Legal rights-sin
 - Gal3:13-14.....Curses
 - Heb.12:1-2.....Shame
 - 2Cor.8:9.....Poverty
 - Is.53. 2.....Rejection
 - Is.53:3.....Grief and sorrow
 - Is.53:5Transgressions
 - Is.53:5.....Sickness
 - Is.53:6.....Iniquity
 - Is.53:9.....Injustice
 - Ps.22:14.....Trauma
 - Ps.41:9.....Betrayal
 - Ps.69:20Broken Heart
 - Sin...iniquity...transgressions...curses...shame...poverty...rejection...grief...sorrows....betrayal...sickness...death
- **The Exchanges of the cross:**
- **Jesus our representative experienced suffering on our behalf and overcame all**
 - He invites us to receive the benefits of His work on the cross by responding with faith
 - The Cross is a Place of divine exchange...the altar of God
 - The Cross is the very power of God to Salvation Matt.27:51-53

II. Our Personal Response

1. Passionate Desire to Be Free/Faith

- Mar 10:51 So Jesus answered and said to him, "What do you want Me to do for you?" The blind man said to Him, "Rabboni, that I may receive my sight."
- Joh 5:6 When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?"
- **To be set free from demonic spirits we must passionately desire to be free**
 - People came to Jesus wanting to be free. He did not seek them out
 - We cannot be passive, waiting to see if anything will happen
 - Desire for Freedom must lead to embrace all aspects of the truth encounter
 - Sin and bondages must be brought to the light and to the cross
 - It is important also to desire to be free of all Jezebel influence and control, not tolerate in any way
- Mk.9:23

2. Recognise your Problem and take Personal Responsibility

- Pro 28:13 He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy.
- **We must admit that a problem exists.**
 - Pride causes people to keep issues hidden, and resist facing the truth
 - Shame and fear of exposure will cause us to deny what is happening in our lives and remain in bondage
 - Denial, minimizing, blaming others, all stops us from facing the truth about our condition
 - We must take responsibility for any part that we have played in coming into bondage
 - A Victim mindset blames others and remains powerless to become free of to change
 - A Godly mindset declares: God is with me I can change

3. Repentance and Confession of Sin

- **Repentance is a Key Foundation for Freedom**
- 2Ti 2:24 And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient,
2Ti 2:25 in humility correcting those who are in opposition, if God perhaps will grant them repentance, so that they may know the truth,
2Ti 2:26 and that they may come to their senses and escape the snare of the devil, having been taken captive by him to do his will.
 - The majority of the areas of demonic bondage relate to unresolved sin in our lives
 - Sin creates legal rights for oppression by demons
- **To close the door of entrance we must repent and confess sin.**
- **We bring sin to the cross and to the Blood of Jesus.**
1Jn 1:8 If we say that we have no sin, we deceive ourselves, and the truth is not in us.
1Jn 1:9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.
 - "Confess" means to speak the same thing, to agree with, declare, admit
 - Confession means to agree with God that the action was wrong and speak it out
- **Repentance means to change. People may confess but never change.**
- Repentance leads to a change in heart and actions that is the foundation for freedom
 - We must repent of sin, radically turn from it and not just tolerate it
 - Demons that have been cast out will often seek to return.
 - Demons can recognize open doors and spiritually empty people

4. Release and Receive Forgiveness

- **Jesus taught His disciples to Forgive or be turned over to tormentors (Demonic spirits)**
- Mat 18:32 Then his master, after he had called him, said to him, 'You wicked servant! I forgave you all that debt because you begged me.
Mat 18:33 Should you not also have had compassion on your fellow servant, just as I had pity on you?'
Mat 18:34 And his master was angry, and delivered him to the torturers until he should pay all that was due to him.
Mat 18:35 "So My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses."
- **Forgiveness is not a feeling, but is a choice to release the offence committed against you**
 - Jesus taught that unforgiveness opens the door wide to tormenting demonic spirits

- This includes the spirit of jezebel, and also spirits of infirmity, fear, torment, bondage
- **What Forgiveness does not mean:**
 - Forgetting what happened. It may be impossible to forget
 - Minimising what happened, that the matter was unimportant or little. It may have been extremely painful and costly
 - That the person deserves to be forgiven
 - That the relationship with the offender will be restored
 - That this will be easy to do. It can be extremely difficult and it doesn't seem fair
- **What Forgiveness does mean:**
 - Releasing a debt owed to you by a person. Releasing the demand for repayment by them
 - Bringing the unjust and unfair treatment by another to the cross
 - Continuing to forgive and let go angry, resentful or bitter feelings to the cross
 - Experiencing immense freedom from ongoing torment
- **What does Jesus Mean *Forgive from the Heart*?**
 - Forgiveness is more than an act of will, it involves the heart responding
 - People can utter words of forgiveness but their heart retains its anger and bitterness
 - To forgive from the heart requires acknowledging the heart pain and reactions to being hurt
 - An Anger letter or Forgiveness letter, or journaling is a good tool to express and discover the depths of heart pain
 - This is a tool for identifying how you have been impacted by the offences of another
- (i) Heart feelings of pain, sorrow, grief, anger, bitterness, shame, injustice, betrayal, rejection
- (ii) Heart reactions to cope with the pain and to protect self and control future pain
- These must all be brought to the cross, and ungodly reactions repented off and renounced
- Heart reactions include judgments, inner vows, death wishes, over responsibility
- **Heart Freedom is Progressive**
 - Mat 5:44 But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you,
 - Mat 5:45 that you may be sons of your Father in heaven: for He makes His sun rise on the evil and on the good, and sends rain on the just and on the unjust.
 - Daily praying for and blessing the person who hurt you moves your heart into a place of life and freedom
 - It may be necessary to do this for a while until your heart frees from any bondage
- **What if People Keep Offending over and over?**
 - This may require steps to confront the person and their behavior
 - Point out the behavior, and its impact upon you and request a change
 - Set boundaries on how people can treat you and decide how you will respond
 - Remove yourself from ongoing connection
- **The Importance of Forgiving and Honoring Parents**
 - The most painful experiences people have are often with the people closest to them, Family
 - Parents often carry bondages in their own lives that are generational and cultural
 - It is important that your heart be free from unresolved bitterness and bitter judgments towards your Father or Mother
 - Eph 6:2 "HONOR YOUR FATHER AND MOTHER," which is the first commandment with promise:
 - Eph 6:3 "THAT IT MAY BE WELL WITH YOU AND YOU MAY LIVE LONG ON THE EARTH."
- 5. Renounce and Break Any Agreement with Demonic Spirits**
- 2Co 4:2 But we have renounced the hidden things of shame, not walking in craftiness nor handling the word of God deceitfully, but by manifestation of the truth commending ourselves to every man's conscience in the sight of God.
 - "Renounce"....to speak off, to disown, to verbally cancel previous agreements
 - Demonic spirits are legalists that try to use any opportunity to place pressure and demand upon people
 - It is important to renounce, to speak out words aloud that cancel all known agreements that would give legal rights for demons to refuse to depart and continue to hold onto a person
- **Examples**
 - Generational Iniquities and Curses
 - Ungodly Soul/Spirit ties or destructive attachments to traumas, people, activities
 - Any Occult Activities, Covenants, Blood or other Sacrifices, Dedications, Invitations, Agreements with demons

- Any Bitter Judgments, Inner vows, Death wishes, Curses

6. **Resist...Make a stance to verbally Resist and Command tormenting spirits**

- [Jas 4:7](#) *Therefore submit to God. Resist the devil and he will flee from you.*
 - Submit....hupotasso...to position or rank under, to align under
 - Resist...anthistemi...to stand against, oppose, set oneself against
 - The language is one of warfare and battle
 - God expects us to resist His enemies
- **God warned His people against tolerating or making agreements with their enemies**
 - [Deu 7:16](#) *Also you shall destroy all the peoples whom the LORD your God delivers over to you; your eye shall have no pity on them; nor shall you serve their gods, for that will be a snare to you.*
- When we are aligned under the authority of Jesus we are empowered to subdue and command demons as Sons and representatives of His Kingdom and authority
 - [Luk 10:19](#) *Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.*
- **The Centurion**
 - [Mat 8:9](#) *For I also am a man under authority, having soldiers under me. And I say to this one, 'Go,' and he goes; and to another, 'Come,' and he comes; and to my servant, 'Do this,' and he does it."*

III. **What is a Power Encounter?**

1. **A Power Encounter is an experience of God's power imparted to us in a way that brings Freedom, Healing and Joy to our lives**

2. **How Does a Power Encounter Take Place?**

- [Jas 4:7](#) *Therefore submit to God. Resist the devil and he will flee from you.*
- First identify the doors of Entry for demonic spirits
 - Repent, break all agreements with demons and close the doors of entry
 - Believe that God will deliver you from spirits
 - Resist and command spirits to go from your body and soul
 - Ministry Team will lay hands on your head or shoulders and minister to you

3. **What will I experience during a Power Encounter?**

- The experiences of people all differ from one another. Don't Compare
- You may have very little awareness of anything happening
- You may feel physical sensations in your body such as Heat, shaking, sick, fearful, angry, restless,
- Sometimes people weep, or experience demonic reaction and resistance to leaving
- It may help to cough or breath out strongly
- After deliverance people feel lighter, or empty, as though *something has left*

