



Week 3 | Doug Wekenman | 06.2.2024
Weekly Study

SHARE

As group members get settled, take a few minutes to check in with everyone and see how life is going. Share an exciting story from this week, your highs and lows, an answered prayer, or something you're struggling with. If someone is really struggling, rally the group around them and take a few moments to pray over them.

How was your week?! Share a praise and a prayer.

Talk about your summer plans, what are you excited for this summer?

What is one way you desire to grow in your faith this summer?

GROW

Welcome to week 3 of our series, Unseen and Eternal. This week Pastor Doug talks about the Armor of God and how to equip ourselves to live into our God given identity and fight against the unseen powers in our world that so often derail us from our relationship with God. Allowing God to fight for us reminds us that we already have victory in our life over the unseen through what Christ has done. When you lead your group this week focus on reminding each person in your group of how God is fighting for them and who he has called them to be.

Read Ephesians 6:12; John 10:10;

What is the devil trying to steal, kill, and destroy in your life? How does God desire to give you life to the fullest?

Attempting to fight your own battles can be exhausting. What is one battle you are fighting on your own right now?

What is holding you back from surrendering to the Lord and letting Him fight for you?

How can your group come alongside and offer you support in your battle?

Pastor Doug walks us through each piece of the armor of God and how to equip yourself to withstand the unseen attacks of the accuser. In a world full of accusations it is easy for the Voice of Truth to be drowned out. We end up living our lives in fear, anxiety, anger, guilt, shame, and addiction instead of finding freedom and living life how God has designed it. As a leader, it is important for you to help your group hear the voice of God, and the promises of love, truth, and confidence only found in him. Before you lead this section pause to pray over your group. Pray they would hear the voice of God speaking over them and empowering them to live life to the fullest as they are equipped with the armor of God.

Read Ephesians 6:10-18 (NLT)

Read the description of each armor piece with your group.

Which piece do you feel most confidence in? Why?

Which piece do you feel the least confidence in? Why?

Belt of Truth - Truth is not a concept, it is a person, and Jesus is consistent compared to what I feel everyday. Live by what's true regardless of what you feel. The truth is you are more loved and cared for by God than you know.

Armor of Righteousness- Put on your new nature. Become like Jesus as he reminds you of your right standing with God. Righteousness is not correlated with what you do for God, but who you are in Christ. Let who you are in Christ motivate change rather than shame and condemnation. Live from the love of God don't live for the love of God.

Sandals of Peace- There is a difference between busy and hurried. Even though your external schedule can be busy, your internal posture can be one of peace. God is Infinitely powerful and intimately present. Knowing this is knowing peace.

Shield of Faith- You will feel resistance when you follow Jesus. You live in anticipation and declare in advance victory before the battle. This is the Lord's battle, have faith that he will give victory.

1 Samuel 17:45-47

Helmet of Salvation- You can't have a positive life with a negative mind. What is your stronghold mindset, the one thing you need to talk about but the one thing that you can't. Do you get defensive easily. The truth of who you are in Christ gives you confidence and assurance in your salvation.

2 Corinthians 10:3-5

The Sword of the Spirit- The word of God is not just information but revelation that leads to transformation. It needs to go from your head, to your heart, then to your hand. The word is a weapon to combat the lies of the enemy.

Hebrews 4:12

In what ways can you practically continue to equip yourself with the armor of God? (I.e. memorize scripture, meet with a spiritual mentor, wake up and read scripture before reaching for my phone, pray in the car on the way to work)

M O V E

Have your group members each read one of these scripture passages. Pick one of these ten passages and memorize it this week. Read it over and over, let it be written in your heart, let it be spoken over you by the Spirit.

Joshua 1:9- When you feel afraid.

Romans 8:1- When you feel shame.

Philippians 4:6-7- When you feel anxious

Isaiah 53:5- For healing and wholeness

Psalms 51:12- When you feel passionless and apathetic

Jeremiah 1:5- When you feel forgotten

Romans 8:28- When you can't see God working in your life

Proverbs 3:5-6- When you need guidance

Matthew 19:26- When things feel impossible

Romans 8:37- When you feel like you don't have what it takes

**Turn to the person next to you and tell them which scripture you are choosing and why.
Let that person read the scripture over you.**

Any final thoughts from the message this week?

P R A Y

What would it look like to pray over your living area, your family, your work, your life this week? Below there is a link to the armor of God prayer. Try to pray this every day this week. You could pray it with your family, at your work, when you wake up, when you start to feel worried, burdened, or overwhelmed.

<https://www.redrockchurch.com/armorofgod/>

End by praying it over your group we surrender our hearts and our lives to you and trust that you are good. We trust that when we walk in obedience you will take care of all of our needs. We pause right now to ask you individually how you are calling us to obedience.