

What to Do When Crisis Crushes You

Ruth 1

I. We will inevitably face crises in our life that will crush us (vv. 1-5).

- A. Naomi experienced crushing loss in her life (vv. 1-5).
- B. Crises are part of life in a broken world (Jn. 16:33).

II. God's tender compassion is at work during our terrible crisis (vv. 6-22).

- A. When Naomi grieved and God seemed invisible there were still traces of his love (vv. 6-22).
 - 1. **God visited Bethlehem (v. 6).**
 - 2. **God gave Naomi company in her misery (vv. 7-21).**
 - 3. **God starts to unveil his tender grace (v. 22).**
- B. When we hurt, God hurts with us and his compassion is at work for us (Jn. 11:28-37).

III. Grieve your losses (and let God redeem).

- A. Don't worry about having heroic faith, *which is God's job to cultivate as he unveils his redemption in the midst of your loss.*
- B. There are always visible traces of God's love in our greatest crisis.
- C. God is at work for the good during the darkest of times of his people.
- D. God ultimately purposes for our happiness, glory and good when all is said and done.