

Being the New You (Part 2)

Who We Must Walk Away From and Who We Must Walk Toward
Ephesians 4:17-24

- I. **Living out our new identity is a daily decision (vv. 20-24).**
 - A. **We must choose daily to leave our old identity in the past (v. 20).**
 - B. **We must choose daily to live out our new identity in Christ (vv. 21-24).**
 1. **We choose the new because of what we know about Jesus (vv. 21; Cf. Jn 4:10).**
 2. **When we know Jesus we abandon our old self (v. 22; Cf. 2 Cor. 5:17).**
 3. **When we know Jesus we make a daily decision to think differently about life (v. 23; 2 Cor. 10:5).**
 4. **When we know Jesus we make a daily decision to live differently (v. 24; Cf. Rom 8:5-6).**
- II. **Spiritual transformation is a result of receiving God's grace through Jesus Christ (Jn. 3:1-15).**
 - A. **Jesus calls us to be born again (vv. 1-8).**
 - B. **Rebirth comes by faith in the resurrected Christ (vv. 9-15).**
- III. **Take steps toward becoming who Jesus says you are and who he created you to be.**
 - A. **Leave behind the old you.**
 - B. **Commit to regularly receiving God's grace.**
 - C. **Commit to regularly forgiving yourself and others.**
 - D. **Commit to restarting.**