



WEEK TEN

THE CORE CHALLENGES

1) DO NOT GET DRUNK. REMAIN SOBER-MINDED & PORNOGRAPHY FREE. +1

2) READ TITUS & PHILEMON THIS WEEK. READ THE FIRST 4 CHAPTERS OF HEBREWS W/ THE INTENT OF FINISHING IT AFTER FIGHT CLUB IS OVER. +1

3) MEMORIZE JAMES 1:2-4 THIS WEEK. RECITE IT TO YOUR SQUAD. +1

4) MEET IN PERSON W/ AT LEAST 1 SQUAD MEMBER THIS WEEK. PRAY WITH THEM. +1

5) PHYSICALLY WRITE OUT A PRAYER TO GOD. INCLUDE GRATITUDE, REPENTANCE, & SPECIFIC REQUESTS OF GOD THAT ARE BIBLICAL & RELEVANT TO THIS SEASON OF YOUR LIFE. ONCE IT'S WRITTEN, SHARE IT W/ YOUR ACCOUNTABILITY PARTNER & BEGIN PRAYING IT DAILY. +1

6) MARRIED MEN, SPEND TIME PRAYING WITH YOUR WIFE AT LEAST 5X THIS WEEK.

SINGLE MEN, SPEND TIME PRAYING W/ SOMEONE WHO NEEDS ENCOURGEMENT AT LEAST 5X THIS WEEK. +1

7) RUN/WALK A TOTAL OF 8 MILES THIS WEEK W/ AT LEAST 30 LBS OF WEIGHT. +1

8) SPEND 1 CONTINUOUS HOUR ALONE W/ THE LORD THIS WEEK WITHOUT ANY DISTRACTIONS! IF POSSIBLE, DO THIS OUTSIDE. SPEND THIS TIME IN GOD'S WORD & IN PRAYER. +1

9) PLAN, PREPARE, & CLEAN UP A FEAST WITH THE MEMBERS OF YOUR HOUSEHOLD THIS WEEK. GO BIG & REALLY BLESS THEM! +1

10) AS A SQUAD, EAT 30 SALADS THIS WEEK. +1

ALL CORE CHALLENGES MUST BE COMPLETED BEFORE RECEIVING CREDIT FOR THE REST. POTENTIAL FOR UP TO 10 POINTS EACH WEEK.