

THE PSALMS

Wrestling into Worship

Main Passage: Psalm 18

Session Snapshot: Men fulfill various roles as employees or employers. A man might be a husband and a father. He may be a member of his church and also teacher in his church. Men make crossovers from one role to the next which means they may find themselves on multiple battlefronts.

David was a king and a warrior. David was also a man who made mistakes. So in Psalm 18 David reflects on how following a holy God lessened the mistakes and resulted in deliverance in the midst of battle.

ROUNDTABLE:

1. Michael Jordan tried baseball. Rocky wrestled Hulk Hogan (fictitiously) but it didn't go well. What are some other crossover athletes or matches you can recall that didn't end well?
2. What is a role in your life or a situation where you feel like you are in over your head?
 - a. What are some mistakes you've made in difficult situations?
3. David turned to the Lord in the midst of his battle and he testifies in Psalm 18 that, the Lord "made my way blameless." In each verse below explain how turning to a holy God in the midst of a battle:
 - a. (v. 32a) equips a man and trains a man (v. 34) for what he is facing.
 - b. (v. 32) strengthens a man through his battle.
 - c. (v. 35) protects a man, lessens the blows and the damage.
4. Look at verses 37-39. Is there a man at the table who can share a story of how he turned to God in the midst of a battle and the Lord gave him victory?
5. When a man turns to a holy God he will win in ways that reflect God's character. Turning to a holy God helps a man minimize the mistakes he is prone to make as he wrestles with the various issues of life. Read each of the following verses and explain how turning to God in our battles:
 - a. Psalm 17:3 - makes a man more careful about what he says.
 - b. Psalm 18:6 - makes a man more prayerful and intentional about what he asks the Lord to do.
 - c. Psalm 18:21-23 - makes a man more diligent to be in the Word so he knows how to obey God.
 - d. Psalm 18:25-28 - makes a man more humble in his battles.
 - e. Psalm 18:29-30 - increases a man's faith.
6. What are your takeaways from this session?