

Group Questions – Week 4: Solve Conflict

03/01/26 – Pastor Kirby

Getting to Know Me Questions:

- What did you name your first car? And Does your current car have a name?
- Do you remember a time growing up when you had a fight in school or with a sibling? What started the conflict and how did things get resolved?

Into the Bible Questions:

- **FOLLOW UP** from last week: Last week you were challenged to realign your calendar by putting first things first. To put the sacred things you chose, into your calendar? How was the process or planning of this activity?
- What's something from this week's teaching that you learned, stood out, was interesting?
- **READ** Colossians 3:5-9
- The things that Paul says to "put to death" express themselves when pressure builds within. When pressure in our world comes into play, we are always at risk of letting things explode in our life. We are called to let the peace of Christ rule in our hearts and exchange PRESSURE for PEACE. We can overcome conflict within when the peace of Christ rules.
- What are the things in your life that cause pressure? How does this pressure negatively affect the relationships around you?
- What do you think the "peace of Christ" means? In what ways could this peace change how you deal with pressure?
- Poor communication and the conflict it represents, is one of the biggest factors in the breakdown of our marriages. Pastor Kirby shared 3 Components to Effective Communication:
 - What You Say
 - How You Say What You Say
 - Facial Expressions and Body Language when you're saying it
- Which of these 3 components do you need to get better at to help your relationships?
- One of the primary roles of parents is to teach kids how to solve family conflict – What example are you setting around conflict? Where do you need to grow in solving conflict?
- In order to solve conflict in your family, you have to learn to forgive as Christ first forgave you. Here's a great model for forgiveness:
 - There is righteousness (set the standard of right, true and good in your family)
 - There is unrighteousness (call out the wrong)
 - Repent ("I'm Sorry" and return to righteousness)
 - Forgive (offer forgiveness freely)
- How would your family (or other close relationships in your life) look different if you modeled this pattern of forgiveness?
- What are some things that your family would declare as righteous?

<Turn Over>

Application Questions:

- You can't win conflict within and conflict in relationships when you have not solved conflict with God. It starts with either:
 - Acknowledging Jesus as Lord & Savior in your life for the first time
 - Returning to putting Him at the center of your life where you've drifted
- Take some time to reflect on where you are spiritually. Where do you need to re-commit to putting God at the center? Is there something you need to do for the first time? Or something you need to return to?
- Remember that healthy marriages, relationships, and families all begin when God is truly at the center of our lives!