

MAINTAINING A HEALTHY CONSCIENCE
1 Timothy 1:18-19
Bob Bonner

" _____ " begins by refusing to recycle the _____ of an unpleasant event.

Holding on to clear conscience requires one to:

- **Periodically sit quietly before God and ask Him, "Is there any _____ of mine that has been to your will? Am I _____ in any way? If so...**

- **Take immediate steps to ask God to _____, and to Receive that _____, and ask God to help you to _____.**

- **Humble yourself before a _____, by confiding in them about a _____ you are having.**

- **Ask your _____ to _____ for you and to _____ with you as to how you are doing with your struggle.**