

# 5-Day Devotional: The Posture of Humility

## Day 1: The Downward Path to Glory

**Reading:** Philippians 2:1-11

**Devotional:** Jesus had every right to remain in heaven's glory, yet He chose the downward path—taking the form of a servant, entering human life, and becoming obedient to death on a cross. This is the heart of humility: not thinking less of yourself, but thinking of yourself less. Today, consider where pride whispers in your life. Does it show up in your relationships, demanding to be right rather than loving? In your workplace, needing recognition? Even at church, avoiding service? Jesus didn't cling to privilege; He embraced the lowest place. When we adopt Christ's mindset, we discover that humility isn't weakness—it's strength under control, power expressed through love. The path down is actually the path up in God's kingdom.

## Day 2: The Towel Test

**Reading:** John 13:1-17

**Devotional:** Jesus knew the Father had given Him all authority, yet He got up from supper, laid aside His outer clothing, and washed His disciples' dirty feet. This wasn't a leadership moment—it was servant work, the lowest task imaginable. But Jesus chose it intentionally to show us that humility is not a private opinion; it's a public practice. Ask yourself: Do I reach for the towel or the title? When you see a mess, do you help or explain it's not your job? When someone hurts, do you show up or delegate? When there's unseen work, do you step in or step over? Humility shows up in how we treat people when no one is watching or applauding. Jesus reached for the towel. What will you reach for today?

## Day 3: Pride Pushes, Grace Pulls

**Reading:** James 4:6-10; 1 Peter 5:5-6

**Devotional:** Scripture warns us with sobering clarity: "God opposes the proud but gives grace to the humble." Pride is a unique sin—it quietly reshapes your soul while making you think everything is fine. You can struggle with many things and still run toward God, but pride makes you resist Him while believing you're just fine. Listen to the phrases you use: "I shouldn't have to," "They always," "I deserve," "Why didn't anyone notice?" These reveal pride taking root. Humility, by contrast, is simply agreeing with God about who you are—loved but not entitled, gifted but not self-made, forgiven but not superior, called but not the center. When you humble yourself under God's mighty hand, He lifts you up. That's not a threat; it's a promise.

## Day 4: Humility in Work Boots

**Reading:** Micah 6:8; Ephesians 4:2; Matthew 23:10-12

**Devotional:** God desires that we do what is right, love faithfully, and walk humbly with Him. But humility isn't a one-time achievement or a good deed for the year—it's a daily posture. Humility is love with work boots on. It's concrete action: writing the apology you've been avoiding, serving quietly at home without announcing it, encouraging someone and meaning it, doing the hidden task that helps someone else succeed, taking the lowest place in conversation by listening more than speaking. Choose one humble act this week and do it. Don't try to do ten things; start with one. When you stop fighting for the front, stop needing to win every moment, stop needing to be seen, something remarkable happens: you become free. You become someone Jesus can trust with influence.

## **Day 5: Rising From the Ashes**

**Reading:** Romans 12:3; Colossians 3:12-14

**Devotional:** Life sometimes feels like a dumpster fire—everything burning, nothing working right. But from those ashes, we rise. One way we help ourselves is by being like Jesus: humble in everything we do. Humility doesn't mean thinking you're worthless; it means remembering you're not God. You're a servant of God, doing God's work. When you live that way, you become the kind of person Jesus can trust with influence. You become someone who brings healing instead of heat. Your life points to the Servant King, and people see Jesus in you. More people come to know Christ not because of what you said, but because of what you did in humility. Where is Jesus inviting you to pick up the towel this week? And who will be blessed because you did?