

# CROSSROADS

## SPIRITUAL DEVELOPMENT GUIDE

### PART 1

#### Day 1

- **Scripture** — Proverbs 16:1-2 (Read this passage three or four times to the point that you really hear it; let it soak in).
- **Reflection** — What is the driving force in my life right now?
- **Confession** — Get honest with God about how much time you give to weighing the options compared to how much time you give God to weigh the motives.
- **Prayer** — Pray for God to renew your resolve to commit your decisions to him and for him to strengthen your conviction that he really will establish your plans.
- **Action** — What is one decision this month you can intentionally delay to simply give God time and permission to help you investigate your motives?

#### Day 2

- **Scripture** — Psalm 139: 23-24 (Read this passage three or four times to the point that you really hear it; let it soak in).
- **Reflection** — How much room do I have built into my life for God to search my heart and mind?
- **Confession** — Get honest with God about anything that makes it difficult for you to set aside time for God to search your heart and mind.
- **Prayer** — Pray Psalm 139:23-24 as your own prayer. What comes to mind when you pray that prayer? Don't discount anything; let God search the thought or picture that comes to mind.
- **Action** — Set aside 10 minutes this week for a time of quiet during which you let God do the searching and talking.

#### Day 3

- **Scripture** — Joshua 5:13-6:5 (Read this passage three or four times to the point that you really hear it; let it soak in).
- **Reflection** — Is there any decision God is asking you to make that does not make sense on paper but will benefit others and honor him? Joshua knew how to win battles, but shouting, marching in circles was not typical strategy.
- **Confession** — Get honest with God about a battle of your past, in your present or one that is on the horizon of your future is affecting you.
- **Prayer** — “What message does the Lord have for his servant?” was the prayer of Joshua before the battle of Jericho. What message is God trying to get across to you in this season of life? Ask him.
- **Action** — Do something crazy to show God's love to someone who is facing a battle of their own.

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#### Day 4

- **Scripture** — Matthew 19:19-24 (Read this passage three or four times to the point that you really hear it; let it soak in).
- **Reflection** — Where is my treasure?
- **Confession** — Get honest with God about who or what competes for your loyalty over him.
- **Prayer** — Prayer for your decisions to be driven less by greed of time, money or power and more by generosity.
- **Action** — Give! Give till it hurts this week! (We have intentionally not defined what giving might look for you so you and God can work that out without our hindrance).

#### Day 5

- **Scripture** — James 1:19-27 (Read this passage three or four times to the point that you really hear it; let it soak in).
- **Reflection** — How are my beliefs lining up with my actions?
- **Confession** — Get honest with God about something that the Bible instructs you to do that you find challenging to follow through on.
- **Prayer** — Pray for God to help you live out true religion as described in verse 27.
- **Action** — Make a visit to the local nursing home to visit with or deliver a gift of encouragement to a widow(er).