

# Reflection on 2023 with Kevin's Top Moments

Join Justin Stewart and Kevin Geer in this month's episode as they revisit the highlights of 2023. Don't miss out on a preview of our last 11 episodes as Kevin shares his favorite moments from each one.

#### January - How to Grieve Well

- Healing grieving starts when life starts to get back to normal.
  - After a memorial.
  - When family leaves.

# February - How to Lead Upward

- Be prepared when you take their time.
  - Send questions ahead of time.
  - Research possible questions.
  - Show appreciation.

#### March - 7 Ways to Have a Great Year Still

- Cut your media by 1/2
  - Social media
  - TV Shows
  - What will you do with all the time?
    - You won't be overwhelmed.
    - You won't be as tired.

# April - How to Say "I Am Sorry"

- Be direct and take responsibility
  - Express Regret That if given a chance, you would do it different
  - Sorry is to change your pattern.

#### May - Creating Your Desired Culture

- Lead it .. don't respond.
  - Culture should be led, not reacted to.
    - Should be 80/20
      - 80% leading
      - 20% reacting
    - Intentional Goal

# WHERE TRUTH LEADS TO JOY AND ADVENTURE

#### June - How to Get Peace

- Peace Complete Whole
  - Peace must be found in two places.
    - The Heart and the Mind.
      - If one does not have it, you are not at peace.
      - So the battle for peace is in two places.

#### July - How to See Everyone as a 10

- Everyone needs love.
  - Everyone needs to hear, "I love you."
  - Everyone needs to say, "I love you."
  - Everyone needs to feel loved.
  - Everyone needs to show love.

### August - Day 5

- Keep Believing.
  - Obedience without results can increase faith.
  - Keeps you focused on the goal.
  - Faith I believe without the evidence.

### September - OZ Effect

- What are your biggest criticisms?
  - People's projected hurt from other churches.
  - That I don't preach hot topics (their hot topics).
  - Style different.

#### **October - Breaking Generational Dysfunction**

- Observe healthy People/Families and learn best practices.
  - Research and observe.
  - Mentor
  - Ask them, why they do specific things.

#### **November - Family Sticky**

- Celebration of Success.
  - Fairness is not a rule.
  - We celebrate the favor of one another.
  - Started when kids were little. Purposely did not divide M&M's equally. This gave them the opportunity to practice celebrating each other.

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