

"Day 5"

In this episode, Kevin Geer and Justin Stewart discuss navigating the in-between. That moment when you are ready to be done or accomplish the journey but have not reached the finish line. They call it "Day 5." Tune in to discover three reasons day 5 is dangerous and five ways to grow.

3 REASONS DAY 5 IS DANGEROUS:

1. Doubt Starts to Come In

- A better plan or idea emerges
- Second-guessing leaders
- Fault finding

Antidote

- Bloom where you are planted.
- REALIZE IT IS JUST DAY 5, IT IS NOT THE END OF THE JOURNEY.

2. Bickering and Complaining

- Going in circles
- Disunity on little things

Antidote

- Speak life
- Focus on Wins

3. Boredom

- Lack of new challenges
- Insecurity grows
 - Do I have a place?
 - Am I needed?

Antidote

- Reproduce yourself

5 WAYS TO GROW ON DAY 5:

1. Find A Pace

- Find a healthy Rhythm of life.

Action Step

- Be present and make church a priority.
- Be willing to let go of stuff to create a good pace.

2. Find Connection

- Shared experience leads to a deeper connection.

Action Step

- Put down roots.

3. Keep Believing

- Obedience without results can increase faith.
- It will keep you focused on the goal.

Action Step

- Keep growing

4. Smile

- Smile is the action to guard your heart.
- When it's all about you... "you" is all you get.

Action Step

- Choose to love.

5. Look Forward

- Dream about what the future will be like.

Action Step

- Have an attitude of success.

John 16:33

"I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."