



APPLICATION GUIDE, FEBRUARY 2021

EPISODES 1 & 2: LIVING LIFE WITH JOY AND ADVENTURE

So many people are living their lives on their heels. They are waiting for life to come to them. My hope is this podcast will encourage people to say, "I am ready to chase the life I want." When you are intentional to chase the life you want, it will enhance your life and the lives of those around you. My wife, Tiffany, and I, decided early on in our marriage that we were going to live a life of joy and adventure. Intentionality is key. So every year, for the past 20 years, I have picked a new theme to learn about. Part of living a life of adventure is choosing to be a lifelong learner.

7 THINGS TO HAVING A SUCCESSFUL LEARNING YEAR:

1. Pick a theme
2. Reveal on Jan 1st.
3. Learn about the theme:
 - o Read 3 or 4 books throughout the year.
 - o Listen to podcasts on the subject.
 - o Research, research, research.
4. Talk to an expert in the field.
5. Spend "x" amount of money.
6. Pace yourself throughout the year or you will burn out.
7. Have Fun.

PERSONAL APPLICATION:

1. Start dreaming. Take some time to pick a theme.
2. Start leaking your theme to others to see if you are still passionate about it.
3. Create a plan for the year to pace yourself.
4. If you pick a theme we would love to hear about it. Go to our LifeNGeer [Facebook](#) page or [instagram](#) and let us know what theme you picked.
5. Have fun! Remember there are no rules.

The truth is being intentional and chasing after the life you want will bring such joy and adventure to your life. You will not regret it. The only regret is thinking about it and never doing it.

SOME THEMES KEVIN HAS EXPLORED:

- Hiking
- Guns
- Jeep
- Fantasy Football
- Cooking
- Coffee
- Weather
- Rocketry
- Astrophysics
- Gaming
- Blogging
- Working Out
- Soccer

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