



## ***Message Discussion Questions***

8/13/2023

**SERIES:** Jesus Story: Proverbs

**WEEK:** 3

**MESSAGE:** On Guard

**COMMUNICATOR:** Pastor Kevin Geer

**CHECKING IN:** How was your week? What was one of the highlights? Share wins (things God did that moved his mission forward and you closer to Jesus). What did you put into practice from last week's discussion?

**QUESTIONS TO CONSIDER AND DISCUSS:** These questions work well individually or in a group. The goal is to encourage spiritual growth, enhance biblical community and live it in the world around you.

1. Talk about a make believe character you played as a kid. Were you a superhero, Bible character, fireman, sports figure, or movie star?
2. Read 1 Kings 3:12. Have you ever asked God for something and it happened? Tell us what happened.
3. We guard our homes, family, and potentially other areas. Why do you think we are less inclined to guard what we allow into our hearts? Read Proverbs 4:23 and discuss why this truth is so vital for our current and future lives.
4. Read Luke 6:45 Do you find this verse to be true for you or others? Talk about an example of this verse from your life.
5. What are some ways you can take inventory of what is entering your heart? What are some ways you can inventory what is exiting your heart?
6. Since you have followed Jesus, what is one area in your life you experienced the most change? Why is this area of life change so important to you?
7. We need to guard our heart from influences that are contrary or distracting from our following of Jesus. What should we think about instead? Read Philippians 4:4-9 and pick 1-2 areas you want to focus your thoughts on this week and why it is important to you.
8. Kevin mentioned media, literature, our peers and music as influences and entry points into our heart. Which one/s do you need to do a better job of guarding from your heart? What steps will you take to make sure these do not negatively influence your life moving forward?
9. **TRUTH DEMANDS A RESPONSE!** What is one action step you will take this week in response to our discussion or nudge from the Holy Spirit? Be specific.

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**WANT TO GROW DEEPER?** We have created some resources to help you grow. Check out and explore the *Experience God* page. Go to [canvas.church/experience-god](https://canvas.church/experience-god) or *Experience God* on the App.



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### **GROUP PRAYER OPTIONS:**

- **Prayer Question:** "What's going on in our lives that we can involve Jesus?"
- **Ask:** What was one praise and one challenge you experienced this week? Celebrate the praises and pray for the challenges.
- **Ask** if anyone has a need or knows of a need, you can also offer "unspoken" prayer requests.
- **Pray for the person on your right**, *it can be out loud or in silence*, if in silence nudge the person next to you letting them know you are done.
- **Prayer Clusters:** Groups of two or three (by gender) and share your week together. Pray together and for each other. Send them a text, or leave a message letting them know you have prayed for them this week.
- **Have someone in your group keep an active list of the requests and the answers for both the updates and to celebrate the answers.**

**Are you interested in the Bible and in helping Life Groups benefit from the weekend message? We have a team for you! Canvas members like you create these discussion guides each week. If you are interested in joining the team, please email [rickz@canvas.church](mailto:rickz@canvas.church)**