



## ***Message Devotional & Discussion Questions***

**12/31/2023**

**MESSAGE:** Stuck

**COMMUNICATOR:** Pastor Rob Shader

**CHECKING IN:** How was your week? What was one of the highlights? Share wins (things God did that moved his mission forward and you closer to Jesus). What did you put into practice from last week's devotional & discussion?

**QUESTIONS TO CONSIDER AND DISCUSS:** These questions work well individually or in a group. The goal is to encourage spiritual growth, enhance biblical community and live it in the world around you.

1. Of all the sticky substances, which one grosses you out the most and why? Where, (on what surface) does this sticky substance make it so gross to you?
2. Share a time when you felt stuck. What did stuck feel like? How did you get unstuck? Did someone help "pull you out"? Share the story.
3. What is a dream or goal you would like to see come to fruition in the new year? What steps do you need to take or tools do you need to get to make it happen? Who could help you achieve your goal/s?
4. Little things matter! According to Galatians 6:9, what is the key to gaining traction and being productive in life? What "little thing" can you do this week that will help you gain traction in life? What "little thing" can you do this week that will help someone gain traction in their life?
5. In Romans 12:2 Paul tells us that in order to get unstuck we need to change the way we think and what we tend to focus on. What is a thinking pattern that has kept you stuck? What are some ways that will help us renew, change and transform our thinking patterns? What is one result you hope to experience once this change takes place?
6. Read Hebrews 12:1-2. What is the race that has been set before us? Who in your life currently is cheering you on in your faith? Discuss some ways we can keep running strong and moving forward in our faith race?
7. According to Hebrews 12:2b, how do you think Jesus was able to endure this shame on the cross? (Also see Nehemiah 8:10). How do you describe and experience joy in Christ? How can experiencing this joy help us gain traction and thrive in the purposes God has for us?
8. We all need recovery ropes, people who are "jerks" in our lives to help us get and stay unstuck? Who is that "jerk" that helps get you unstuck? When was the last time you thanked them for being a "jerk"? Who do you know needs you to be a "jerk" for them?
9. Read Romans 8:1-2. What do you think these verses are saying to us? How can living in condemnation keep us stuck? Why do you think these truths are so crucial for us to both receive and believe for our lives? Share a specific example.



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10. **TRUTH DEMANDS A RESPONSE!** What is one action step you will take this week in response to our discussion or nudge from the Holy Spirit? Be specific.

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**WANT TO GROW DEEPER?** We have created some resources to help you grow. Check out and explore the *Experience God* page. Go to [canvas.church/experience-god](https://canvas.church/experience-god) or *Experience God* on the App.

### **GROUP PRAYER OPTIONS:**

- **Prayer Question:** "What's going on in our lives that we can involve Jesus?"
- **Ask:** What was one praise and one challenge you experienced this week? Celebrate the praises and pray for the challenges.
- **Ask** if anyone has a need or knows of a need, you can also offer "unspoken" prayer requests.
- **Pray for the person on your right, *it can be out loud or in silence*,** if in silence nudge the person next to you letting them know you are done.
- **Prayer Clusters:** Groups of two or three (by gender) and share your week together. Pray together and for each other. Send them a text, or leave a message letting them know you have prayed for them this week.
- **Have someone in your group keep an active list of the requests and the answers for both the updates and to celebrate the answers.**

**Are you interested in the Bible and in helping Life Groups benefit from the weekend message? We have a team for you! Canvas members like you create these discussion guides each week. If you are interested in joining the team, please email [rickz@canvas.church](mailto:rickz@canvas.church)**