

Small Group Questions January 8, 2017 More of God #2: Prayer and Fasting: Psalm 1 – Pastor Steve

Psalm 1:1-6

- 1. How are you feeling about 2017 so far?
- 2. What does the phrase "More of God" mean to you?
- 3. We started our 10 day fast this Tuesday. Would anyone like to share how they are participating in the fast?
- 4. After you determine and follow through on what you want to give up, what is the next important step to having a successful fast?

Joel 1:14, Matthew 9:14-15 – We Fast to get More of God

- 5. Thinking about this verse from Joel, why would we want to call in a Fast in our church? What is our urgency?
- 6. The verse in Matthew explains why Jesus' disciples did not fast when He with them on earth. Why do we now though his disciples did not fast then?

Pastor Steve said: We Fast to Connect with God and Disconnect from the world

- 7. What is the best way that you connect with God?
- 8. How do you think Fasting can help you connect more with God?
- 9. The things of this world don't usually support God's will for us. (I John 2:15-17) What is something worldly that takes your time and focus away from God?
- 10. After the fast is finished on January 20th, how would you like your relationship and participation in worldly things to be different?
- 11. What is your hope for the fast this year?