



Leave A Mark

Small Group Questions January 15, 2017

More of God #2: Prayer and Fasting – A Cry for Help: Psalm 16: 1-11

1. How is your week going?

What situations are having a positive impact on you?

What situations are having a negative impact on you?

2. How is your fast going?

What challenges are you having in the fast?

What positive situations or results have you experienced in the fast?

3. Psalm 16:2 says “...I have no good apart from you..”

Do we believe that God supplies all that is good to us, or do we feel that we generate some of the good in our lives on our own?

Do your actions match your answer?

4. In Psalm 16:5 it says that the Lord is my cup and that the Lord holds my lot. What does the Psalmist mean by those statements?

5. Psalm 16:7 says that the Lord will give us Counsel. What do you think that means?

How do we receive the “Counsel” that God promises?

What do you think you could do to experience more of God’s Counsel and guidance in your life?

6. Psalm 16:10 says that you will not leave my soul among the dead or allow my body to rot in the grave. What does this mean?

How does this truth and realization change how you live your life?

Do you feel like you live everyday with this truth at the forefront of your mind?

If you were able to really internalize this truth, would you find a new freedom from the distractions of this world? What would that look like for you?

7. Psalm 16:11 speaks of the Joy and Pleasure of following God. Describe the Joy you feel following Jesus and how that is different from the so-called happiness that is found in the world.

8. As we continue our fast this week, what things are you praying about?

