

Small Group Questions January 1, 2017
More of God #1: Fasting, Prayer, and Journals – Pastor Steve

- 1. What feelings do you have about the New Year?
- 2. When you pause in 2 or 3 months to think back over 2017, what would you want to be different in your life?
- 3. Many typical New Years resolutions focus on an outward activity or an external behavior. God calls us to an internal transformation by renewing our minds (Romans 12:1-2). What would you want to be different about your heart (Inner self) in 3 or 6 months from now?
- 4. There is a chance that you know yourself better than anyone and probably better than most people at this group meeting right now. Based on your past experience:
  - a. What things help more you toward change?
  - b. What situations or attempts have proved to not be successful in moving you toward change?
- 5. Based on the discussion this far, what do you feel is the best thing that you can do to join God in what He wants to do in your life this year, this month, this week, and today?

  Psalm 65:4 Jeremiah 33:3
- 6. We would probably all say that we want "More of God" in our lives. Do you find that though you **think** about having "More of God" in your life, is doesn't always happen?
- 7. Why do you think that you don't move from the thought to the experience of having more of God in your life?
  Colossians 2:6-7
- 8. Giving and showing "Thanks" is something that is expected from the life of a Christ follower. How do you think it would impact you to take the 365 Thank you challenge and show gratitude in a tangible way to someone else each week this year?
- 9. How did you feel about the LeaveAMark journal opportunity last year (2016)?
- 10. What do you think about the LeaveAMark journal and 365 day challenge this year?
- 11. What questions or concerns do you have about the 10 day fast?
- 12. How do you think God wants you to participate on the fast?