Psalm 59:16



"But I will sing of Your strength; I will sing aloud of Your steadfast love in the morning. For You have been to me a fortress and a refuge in the day of my distress." Psalm 59:16

In Psalm 59, David is pouring his heart out to God because his enemies are trying to destroy him even though he has done nothing wrong. David cries out to God for deliverance throughout the verses of this Psalm and then closes with this beautiful declaration of his confidence (hope) that God will indeed protect and sustain him. Notice the things about God David focuses on in this verse. 1) He sings of God's strength. David knew he was powerless to defeat his enemies, but he could trust in the strength of God to fight for him. 2) David sang about God's steadfast love. David's hope was not only in the fact that God was strong enough to fight for him, it was also rooted in the fact that God loved him. 3) David's hope that God would deliver him in this present struggle was rooted in what God had done for him in the past. Since God had always been David's fortress and refuge. He would always be his fortress and refuge. We can learn about having hope in the midst of overwhelming circumstances from David's response to them in this verse. David's focus wasn't on the problem before him, it was on the character of God. David chose to worship God in the midst of difficulty rather than turn away from Him. David also chose to spend time in worship to begin each day. How different would your perspective be of your current circumstances if you made the choice to do what David did in this verse? Take time today (and every day) to focus on the character of God and worship Him for who He is and allow it to give you hope in the midst of life's most difficult circumstances.

w can you apply this passage to your life? Write y	our reflections in the space below	
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