

## **Diving Deeper // Family Part 2**

### **Family: What you SAY and what you SEE matters!**

#### **What you SAY**

- **Matthew 5:21-24** Jesus is referring to one of the 10 Commandments, “thou shalt not kill” found in **Exodus 20:13**. Jesus says that hating (speaking hate) your brother is the same root as the action of murder
  - **Matthew 23:25-28** actions are an overflow of what is in the heart
  - **James 1:26** you cannot be godly if you can’t control your tongue
  - **Proverbs 18:21; Galatians 5:15** Words have the power to “kill” or give life
  - **Colossians 3:7-8** Evidence of spiritual maturity is in getting rid of anger speech
  - **Proverbs 14:17, 29** Those who can’t control their anger and speech are “fools”

#### **What you SAY matters in your family**

#### **What you SEE**

- **Matthew 5:27-30** Jesus is referring to one of the 10 Commandments, “thou shalt not commit adultery” found in **Exodus 20:14**.

Jesus says that this commandment goes deeper than the physical act of adultery; it starts with what we SEE that causes lustful heart)

- **Hebrews 13:4** marriage deserves higher honor/lust & adultery disfigures a marriage
- **Matthew 5:29** a body part that causes you to lust is better to lose than to lose your heart
- **Proverbs 5:8; 6:27-29** protect your marriage and family at all cost by paying close attention to what you SEE.

#### **What you SEE matters in your family**

**“Words cannot be unsaid and images cannot be unseen but they can be forgiven”**

#### **Resources:**

**Covenant Eye: Click [HERE](#)**

**Blockade App: <https://apps.apple.com/us/app/blockade-block-porn-ads/id1458068060#?platform=ipad>**

**RightNow Media: <https://www.rightnowmedia.org/Content/CustomChannel/53666>**