



# Genesis 2:1-3

---

## REVIEW & APPLICATION:

- Re-read and meditate on this week's Scripture.
- Re-listen to the sermon online ([reliancechurch.org/sermons](https://www.reliancechurch.org/sermons)) or review the sermon notes if needed.
  - Which verse(s) and/or sermon point(s) were most impactful for you?
  - How were you encouraged/challenged/reminded to better know, love, and serve Jesus?
  - Using your own words, how would you summarize the overall Scripture/sermon in order to share it with someone?

## QUESTIONS FOR REFLECTION & DISCUSSION:

1. Do you find it hard to stop (Shabbat) and trust that the Lord knows what He's doing, and He will provide?
2. How has fear and anxiety interrupted your sabbath life? Going forward, what will you do to combat those interruptions?
3. What does it mean to put your faith and trust in the sufficiency of Christ as Lord of the Sabbath?

---

For more information about Reliance Home Groups that use this guide during their weekly meetings, visit us at: [www.reliancechurch.org/homegroups](https://www.reliancechurch.org/homegroups) .

Let's pray together! Submit your prayer requests to: [www.reliancechurch.org/prayer](https://www.reliancechurch.org/prayer) .

