# THE ART OF RESTING:

Prov. 14:26-30

•	The reason we refer to it as an "art" is 3-fold:	
	1. It isthrough doctrine.	
	2. It is learned bythese truths to	
	3. It is learned through	
•	Verse 26: Notes:	
•	When we speak of the fear of God it encompasses several things:  1. A for God.  2. An of God.	
	3. It includes understanding how much Godsin and for judgment on sin. This happens even in the life of a Believer.	earing his
•	If you fear God, it doesn't mean you flee from him it means you have a	
•	Verse 27: Notes:	
•	When you have a fountain or a spring it is not person driven but	driven
•	A snare is something that will catch you and lead to yoursee it coming.	You never
•	Verse 28: Notes:	

	<ol> <li>You don'ttrusting God when times a</li> <li>God is still when times are</li> </ol>		
	3. You don't just when things are		
•	Verse 30: Notes:		
•	We must walk with the in	Ecc. 11:9	
•	The comparisons this text is making are:vs		
	Vs		
	vs		
•	To summarize our application:		
	1. We need to correctly.		
	<ol> <li>2 God.</li> <li>3. Read your</li> </ol>		
	4. Walk with		
	5. Live within your		
	6. Raise your		
	7. Men your wife and women		vour husband

• Verse 29: Notes:

# Proverbs 14:26-30

- [26] In the fear of the LORD one has strong confidence, and his children will have a refuge.
- [27] The fear of the LORD is a fountain of life, that one may turn away from the snares of death.
- [28] In a multitude of people is the glory of a king, but without people a prince is ruined.
- [29] Whoever is slow to anger has great understanding, but he who has a hasty temper exalts folly.
- [30] A tranquil heart gives life to the flesh, but envy makes the bones rot.

#### Romans 1:20-21

[20] For his invisible attributes, namely, his eternal power and divine nature, have been clearly perceived, ever since the creation of the world, in the things that have been made. So they are without excuse. [21] For although they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their foolish hearts were darkened.

# Hebrews 12:28-29

[28] Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe, [29] for our God is a consuming fire.

# Hebrews 12:5-11

[5] And have you forgotten the exhortation that addresses you as sons?

"My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him.[6] For the Lord disciplines the one he loves, and chastises every son whom he receives."

[7] It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline? [8] If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. [9] Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? [10] For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness. [11] For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

# Romans 8:38-39

[38] For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, [39] nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

# Hebrews 13:5

[5] Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you."

# Isaiah 40:7-8

- [7] The grass withers, the flower fades when the breath of the LORD blows on it; surely the people are grass.
- [8] The grass withers, the flower fades, but the word of our God will stand forever.

#### Psalm 19:10-13

- [10] More to be desired are they than gold, even much fine gold; sweeter also than honey and drippings of the honeycomb.
- [11] Moreover, by them is your servant warned; in keeping them there is great reward.
- [12] Who can discern his errors? Declare me innocent from hidden faults.
- [13] Keep back your servant also from presumptuous sins; let them not have dominion over me! Then I shall be blameless, and innocent of great transgression.

#### Proverbs 17:22

[22] A joyful heart is good medicine, but a crushed spirit dries up the bones.

# 1 Peter 3:10

[10] For "Whoever desires to love life and see good days, let him keep his tongue from evil and his lips from speaking deceit;

#### **Ecclesiastes 11:9**

[9] Rejoice, O young man, in your youth, and let your heart cheer you in the days of your youth. Walk in the ways of your heart and the sight of your eyes. But know that for all these things God will bring you into judgment.

# Psalm 16:11

[11] You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.