



**Life Group Questions**  
**The Christ-Centered Life**  
**Week 1 | Psalm 1 | Oct 22, 2023**

**ICEBREAKER:** Think of a leader that has made a difference in your life. It could be someone who has personally invested in you or someone from afar who has inspired you to live or think differently. Who is it, and how has he or she made a difference in your life?

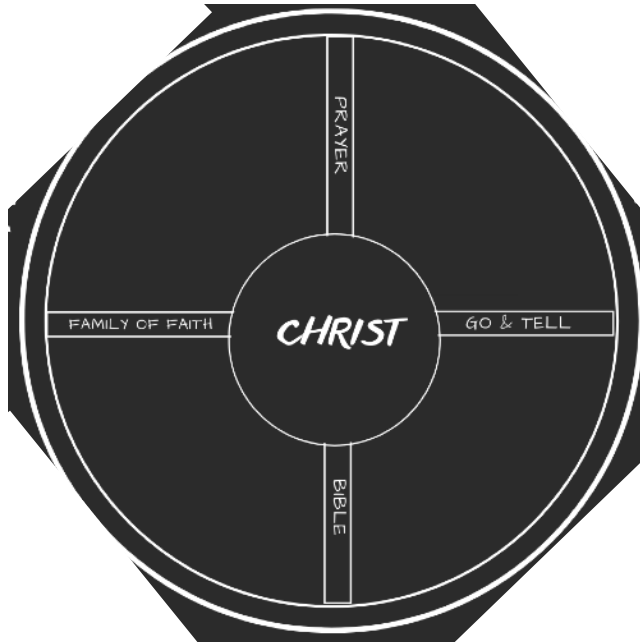
1. Being Christ-centered means that “Jesus is in charge of every area of life.” Is that possible? Why or why not? If it is possible, why is it difficult? How can we grow towards living more Christ-centered lives?

*[Leader Note: When there are multiple questions, like above, don't read the entire question at once. Allow people to respond to each question and interact as a group.]*

2. Hand out paper and pens for anyone who needs them and invite everyone to get into groups of 2 or 3. [Each group should have at least one person who heard Sunday's message.]
  - Have each small group work together to reproduce the Wheel illustration on paper. [Give the group 5 minutes and then bring everyone back.]
  - Review the Wheel as a large group until everyone has it and can reproduce it.
3. How could this be a tool for our lives—what are ways to use it?
  - [(a) Introduce ways to grow as a follower of Jesus;
  - (b) use it as a discussion tool of identifying areas in which we are growing as well as ways in which we want to grow;
  - (c) use it as a self-reflection evaluative tool, thanking God for areas of growth and asking God for help in other areas.]
4. Read Psalm 1.
  - What is the contrast the psalmist sets up? [the righteous person vs. the wicked]

- According to Psalm 1, in what ways are the righteous and wicked different...how they live/think/etc.
  - Think back to the leaders we talked about in the beginning. In what ways did you see them emulate the righteous person?
5. Reproduce the Word Hand. Ask which of the five they are most familiar with and which is new or which they struggle with. Have your group discuss the benefits of each hand element.
  6. How can we pray for one another? Is there an action step you want to take from our discussion or another way God has spoken to you?

## Obedient Christian



## Surrendering Daily

