

SUMMER IN THE Psalms

Series: Summer in the Psalms

Date: August 2nd, 2026

Scripture: Psalm 23

Title: The Journey of Life

Author: Esther Baird

Devotional:

So far we've talked about living a blessed life and how to properly orient ourselves in God's framework for life. This week we are looking at a very well known Psalm in order to think more about our journey through this life. And here's the thing, it isn't always easy even as we follow Jesus. Jesus doesn't promise safety from the pitfalls, troubles and pain of this broken world. But he does promise that we will not make this journey alone. Psalm 23 shows us the reality which includes valleys and enemies - enemies right in our presence in fact. You probably can feel that sometimes: that your life's journey has taken a turn into a valley where your enemies (maybe real people but maybe aspects of this life like disease or broken relationships etc) surround you. But Psalm 23 promises that you are never alone. Jesus tells us in John 10:11 that HE is the Good Shepherd. He is the one with us in the valley, he is the one preparing a table (providing what we truly need) even as our enemies are around us, he is the one leading and guiding us to his home where we will some day live safely with him. Reread Psalm 23 this week through the lens of it being your road map for this life. Really read it knowing that Jesus is your Shepherd guiding you. You are never alone. You are never lost and someday you will arrive safely home.

Questions:

- Where in your life do you feel like you are walking through a valley right now?
- What does it mean for you personally that Jesus is not only your Savior, but also your Shepherd who guides, provides for, and stays with you?
- Which promise in Psalm 23 do you most need to remember this week: His presence, His provision, His guidance, or your future home with Him? Why?

Psalm 23 Song: - [Click to Listen on Youtube](#) or scan the QR code below!

