Day 1 – Wake Up to the Time

Verse:

Romans 13:11 – "Besides this you know the time, that the hour has come for you to wake from sleep. For salvation is nearer to us now than when we first believed."

Reflection:

Paul reminds us that time is short. Jesus could return at any moment, and because of that reality, Christians are called to wake up from spiritual sleep. Too often we drift through life distracted, numb, or careless. But the urgency of the gospel demands alertness—living each day in light of eternity.

Questions:

- 1. What areas of your life feel "asleep" spiritually right now?
- 2. How would your daily choices look different if you lived with urgency?

Prayer:

Lord, open my eyes to see the urgency of the hour. Help me live today awake to Your presence and aware of eternity. Stir me out of distraction and into devotion. Amen.

Day 2 - Cast Off Darkness

Verse:

Romans 13:12b - "So then let us cast off the works of darkness and put on the armor of light."

Reflection:

Paul tells us to take off the old wardrobe of sin and clothe ourselves in Christ. Darkness and light cannot coexist. That means letting go of old patterns—whether they are obvious sins like drunkenness or subtle ones like jealousy. Casting off darkness isn't about perfection but about daily choosing to walk in holiness.

Questions:

- 1. What "old clothes" are hardest for you to take off?
- 2. How can you practically put on the armor of light this week?

Prayer:

Jesus, thank You for rescuing me from the darkness. Give me strength to throw off old habits and boldness to live as a child of the light. Amen.

Day 3 – Live Into Your Identity

Verse:

Romans 13:12-13 - "Let us walk properly as in the daytime..."

Reflection:

Paul doesn't say, "Act holy so you'll become holy." He says, "You are holy—now live like it." In Christ, you are a new creation with a new family and a new home. Remembering your identity helps you fight temptation. Like someone who's moved to a new neighborhood, don't let the old instincts drag you back. You belong to Jesus—so live like it.

Questions:

- 1. Do you ever feel pulled back toward your "old neighborhood" of sin?
- 2. How does remembering your identity in Christ change the way you fight temptation?

Prayer:

Father, thank You for making me new in Christ. Remind me daily of who I am in You. Help me live not for my old self but as a citizen of Your Kingdom. Amen.

Day 4 - Put On the Armor

Verse:

Romans 13:12 – "...put on the armor of light."

Reflection:

Paul uses the imagery of armor because following Jesus is a battle. Just like a soldier can't go into war in party clothes, we can't fight spiritual battles with worldly weapons. Armor means being clothed in Christ—prayer, Scripture, community, worship, accountability. You can't win this fight in your own strength, but you can in His.

Questions:

- 1. What "armor" are you neglecting to put on right now?
- 2. Who in your life helps you stay dressed for the fight?

Prayer:

Lord Jesus, be my armor today. Protect me from temptation, equip me with truth, and surround me with Your people. Keep me dressed for battle in Your strength. Amen.

Day 5 - Walk in the Light

Verse:

Romans 13:13 – "Let us walk properly as in the daytime, not in orgies and drunkenness, not in sexual immorality and sensuality, not in quarreling and jealousy."

Reflection:

Paul shows us that walking in the light isn't just about avoiding "big sins." Gossip, jealousy, and bitterness are just as much darkness as immorality or drunkenness. Walking in the light means living with integrity in every area of life—relationships, desires, habits, words. The good news? Jesus is the Light, and when we put Him on, His light shines through us.

Questions:

- 1. Which seemingly "small" sins (like jealousy or quarreling) are easiest for you to overlook?
- 2. How can you let the light of Christ show in your daily life this week?

Prayer:

Jesus, You are the Light of the world. Shine through me today in my words, actions, and relationships. Keep me walking in Your light until the day You return. Amen.