

Series Overview: Undignified

- *Undignified praise* is not emotionalism — it's *divine design*.
 - Praise is God's invitation to experience His *joy, peace, grace, mercy, and presence*.
 - We're learning to praise from a place that doesn't care who's watching — because love for Jesus outweighs concern for appearance.
-

Story of Russ

- A longtime Netcast member shared an honest email after feeling uncomfortable with how praise was being challenged.
 - Later, after hearing the start of this series, he wrote again — this time repentant and moved to tears.
 - His story shows the power of revival and repentance — the Holy Spirit restoring joy and stirring passion.
 - → **God is reviving hearts through undignified praise.**
-

Recap: Pastor Travis (Last Week)

- The *Perspective of Praise*:
When we truly see God's *grandeur, holiness, and glory*, undignified praise becomes the only natural response.
 - Hebrews 12:28–29 reminds us to offer “*acceptable worship with reverence and awe, for our God is a consuming fire.*”
 - Last week: *Praising Him for who He is.*
 - This week: *Praising Him for how we bear His image.*
-

Context: Psalm 139

- Written by *David* — a man after God’s own heart, honest and undignified in worship.
- David meditates on how the all-knowing, all-present, all-powerful God *knows him personally and intimately*.
- Verses 13–14 focus on God’s design of the human soul:

“For you formed my inward parts; you knitted me together in my mother’s womb. I praise you, for I am fearfully and wonderfully made.”

Key Word Insights

- **“Formed”** – to *acquire, create, or possess*.
→ God didn’t just make you — He made you *for Himself*.
- **“Inward parts”** – literally “kidneys,” representing *the seat of emotion and motive*.
→ God formed and protected your *inner world* — your thoughts, feelings, and instincts.
- **“Knitted”** – to *weave a protective covering*.
→ From the womb, God has been *covering and caring for you*.

Our Inner World

- Every part of you — emotional, logical, protective, anxious, bold — was *intentionally knit together by God*.
- These parts aren’t your enemy; they just need a *Shepherd*.
- *Psalm 51:6* — “You desire truth in the inward being.”
→ When Jesus is at the center, every part finds its place.

The Praise of Being Made

- “I praise You, for I am fearfully and wonderfully made.”
 - **Praise** = expressive gratitude with raised hands.
 - **Fearfully** = trembling awe at God’s design.
 - **Wonderfully** = beautifully complex, divine craftsmanship.
 - David’s response is not self-exaltation but *God-exaltation*.
→ *Real confidence doesn’t come from believing in yourself, but in the One who made you.*
-

True Humility

- Humility isn’t denying what God’s done — it’s *celebrating* it.
- Shame keeps your hands in your pockets; grace lifts them in the air.
- **Barbara Brown Taylor:**

“To become fully human means growing gentler toward your own human weakness... receiving the human condition as a blessing, not a curse.”

The Gospel Connection

- The *hands that knit you together* in your mother’s womb are the same *hands nailed to the cross* for your salvation.
 - God is still weaving every broken thread into something beautiful.
 - When your inner world feels messy, He’s still holding the thread.
-

Our Response

- Stop believing the lies that say you're *too emotional, too quiet, too much, too different*.
- Stop agreeing with shame.
- Let God *redeem what shame distorted*.
- Lift your hands in undignified praise and declare:

“You are awesome. You made me. You saved me. You’re still weaving my story.”

Main Takeaway

Undignified praise flows from understanding that we are *fearfully and wonderfully made* — fully known, deeply loved, and still being shaped by the hands of our Creator.