

Freely & Lightly



SHOW NOTES / REFERENCES

“This is the only reason why we are not fully at ease in heart and soul; that we look to find our true rest in these things [in other things, things] that are so little that they contain no rest.” - Julian of Norwich, “Breathe” Training by Larry Warner

Matthew 11:28-30 (NIV)

Isaiah 30:15 (NIV)

Psalms 3:4-6 (NIV)

Mark 2:27 (NIV)

Exodus 23:10-11 (ESV)

Genesis 2:2 (NIV)

Exodus 34:21 (NIV)

Art and Faith: A Theology of Making by Makoto Fujimura

Mark 1:35-38 (NIV)

“This is the only reason why we are not fully at ease in heart and soul; that we look to find our true rest in these things [in other things, things] that are so little that they contain no rest.” - Julian of Norwich, “Breathe” Training by Larry Warner