

The Journey Begins: Foundations for Discipleship

Session 1: What is the Purpose of Life?

1. Memory Verse

 John 10:10

“The thief comes only to steal and kill and destroy; I have come that they may have _____, and have it to the _____.”

Rewrite this verse in your own words:

2. Big Question: Why Am I Here?

- People often search for purpose in things like:

- ---
- ---
- ---

But these things don’t last or fully satisfy (see Ecclesiastes 1:2–3).

What are some things people chase after for meaning today?

3. God’s Design for My Life

- We were created by _____ and for _____ (Colossians 1:16).
- Our true purpose is to _____ God and _____ Him forever.

How does knowing you were created for God change the way you see life?

4. The Problem of Sin

- “All have _____ and fall short of the glory of God” (Romans 3:23).
- Sin _____ us from God and leaves us feeling _____.

How have you seen sin or selfishness leave people empty?

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5. Jesus Gives Life with Purpose

- Jesus came to give _____ life — not just later in heaven, but starting _____.
- In Christ, life is marked by:
 - _____ (Philippians 4:7)
 - _____ (John 15:11)
 - _____ (Romans 5:5)

Which of these (peace, joy, love) do you most want to experience more deeply?

6. Reflection

1. What do you think is the difference between just “existing” and truly “living”?
2. How could knowing Jesus give meaning to ordinary, everyday life?
3. If a friend asked you, “*What is the purpose of life?*” what would you say in one sentence?

Write your one-sentence answer here:

7. Next Steps

- Memory Verse: John 10:10 (review daily).
 - Personal Challenge: This week, pray daily: “*Lord, help me to live with Your purpose in mind.*”
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Key Takeaway:

The purpose of life is found in knowing God through Jesus Christ — He alone gives lasting peace, joy, and love, and makes life truly meaningful.

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 Operation Timothy – Book 1: Life Questions

Chapter 1: What is the Purpose of Life?

Answer Guide

Q1. What is one of the most important questions of life?

Answer: *What is the purpose or meaning of life?*

Q2. In what things do people often look for meaning or purpose in life?

Answer:

- Wealth / money
- Success / career / achievement
- Pleasure / entertainment
- Relationships / family
- Fame / recognition
- Power / status

(Ecclesiastes 1:2–3 shows these are meaningless apart from God.)

Q3. According to Colossians 1:16, why were we created?

Answer: We were created by Him and for Him (God).

Answer: Our true purpose is to know God and enjoy Him forever.

Q4. According to John 17:3, what is eternal life?

Answer: Eternal life is knowing the only true God, and Jesus Christ whom He has sent.

Q5. According to John 10:10, what kind of life did Jesus come to give?

Answer: Life to the full / abundant life.

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Q6. What is the difference between simply existing and really living?

Answer (example):

- Existing: just surviving day-to-day without lasting fulfillment.
 - Really living: experiencing the peace, joy, and love of God in a purposeful life.
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Q7. According to Romans 3:23, what keeps people from finding God's purpose?

Answer: Sin — "All have sinned and fall short of the glory of God."

Q8. According to Isaiah 59:2, what does sin do?

Answer: Sin separates us from God.

Q9. How does Jesus solve the problem of sin and separation from God?

Answer: Through His death and resurrection, Jesus paid for our sins and restores us to a relationship with God (Romans 5:8, John 14:6).

Q10. What three things characterize the life Jesus gives (based on Scripture)?

Answer:

- Peace (Philippians 4:7)
 - Joy (John 15:11)
 - Love (Romans 5:5)
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Q11. How would you summarize God's purpose for your life?

Answer (personalized): To know God, enjoy Him, and live for His glory through Jesus Christ.

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 Chapter Summary Truth:

Life's true purpose is found only in a relationship with God through Jesus Christ. He alone gives meaning, fulfillment, and eternal significance.