

## Sermon Notes

**Big Idea:** What if I told you that what you are looking for – what your heart is yearning for is waiting for you in a circle? It's in Small Groups that God designed us thrive. Your circle is where life has the potential to be healthy, growing, and full of love.

### Ephesians 4:16 (NLT)

#### How You Grow:

- You learn what's right.
- You acknowledge that it's right.
- You confess that you've been wrong.
- You commit to a new way of living.
- You seek the help you need to change.

#### Godly Growth Principles:

- Small is Big
- Slow is Fast

Zechariah 4:10 (NLT)  
Roman's 5:1-5 (NIV)

#### THE LEARNING CIRCLE:

Observe | Reflect | Discuss | Plan | Accountability | Act

- Less is More
- Deep is Wide
- Loss is Gain

Ephesians 3:14-19 (NLT)  
John 12:24-25 (MSG)

## Discussion Questions

- 1) What impacted you the most from this week's message? Encouraged you? Challenged you?
- 2) Read Ephesians 4:16. Do you know what *your part to play* is when it comes to helping the Body of Christ grow in a healthy and loving way? Explain.
- 3) Have you ever thought about the process by which you grow spiritually? In the *How You Grow* list, which one do you struggle with the most? Explain.
- 4) Which of the Godly Growth Principles is God calling you to embrace the most during this current season? Explain.
- 5) What is God currently doing in your life? Who are you talking to about it? Find your circle.