

Sermon Notes

Big Idea: In preparation to celebrate the birth of our Savior, over the next several weeks until Christmas we will discover how Jesus is "God with us" on the mountain, in the valley, in the wilderness, and in the storm. Join us for "Immanuel - God With Us."

Matthew 1:22-23 (ESV)

No matter what you're going through, you can trust that God is with you.

We may enjoy God on the mountaintops, but we get to know Him intimately in the valleys.

Psalm 84:5-7 (ESV)

Truths for the Valley:

- **Your SOURCE of strength matters.**
- **The way out of the valley is THROUGH the valley.**
- **God can TRANSFORM our experience of the valley.**
- **We can leave the valley STRONGER then we entered.**

Psalm 91:14-15 (ESV)

Romans 8:35-39 (ESV)

Discussion Questions

- 1)** What impacted you the most from this week's message? Encouraged you? Challenged you?
- 2)** Have you ever found yourself in a valley, and attempted to 'escape' or 'get through it' in your own strength? Explain.
- 3)** How did you learn that the way out of the valley is THROUGH the valley?
- 4)** How has God transformed your valley experiences, and/or made you stronger as a result?
- 5)** Read Romans 8:35-39. Share how you've experienced the truth of this promise recently.