

## **Sermon Notes**

**Do you trust that God's ways are right, good, and better?**

**Song of Solomon 5:1-6:13 (NIV)**

**4 Root Causes of Conflict:**

**1) Miscommunication   2) Unmet Expectations   3) Selfishness   4) Pride**

**Pre-Fight Decisions:**

**1) I will not React, I will properly Respond.**

- **The Four V's of 'React' - Volume, Venom, Vacate, Violence**
- **Proper Response: Love and Respect**

**2) I will focus on the Good and not the Bad.**

**3) I will Talk, and never Walk.**

## **Discussion Questions**

- 1) What impacted you the most from this week's message? Encouraged you? Challenged you?**
- 2) What was your experience growing up when it came to sex education? Who taught you about God's view on sex? What do you wish you were originally taught? Explain.**
- 3) Which of the three "Pre-Fight Decisions" is the biggest challenge for you to commit to?**
  - "I will not react, I will properly respond."
  - "I will focus on the good and not the bad."
  - "I will talk and never walk"
- 4) When it comes to the four V's of 'React' (Volume, Venom, Vacate, Violence) which do you struggle with the most? What can you do to work on this?**
- 5) Make a list of all of the things that you appreciate about your spouse. Set aside a time and share that list with them.**
- 6) Set aside a time to pray with your spouse about the content of this sermon. Commit to always defend the "WE" – and to let go of defending the "ME."**